

Pimpri Chinchwad Education Trust's

## Pimpri Chinchwad University

### **SCHOOL OF SCIENCES**

(Established under Maharashtra Act No V of 2023) Sate, Pune – 412 106. Maharashtra, India

## B.Sc - Clinical Psychology

(BATCH: 2024-2028)



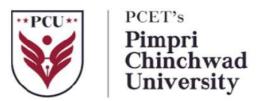
EFFECTIVE FROM 2024-25 ACADEMIC YEAR



PimpriChinchwad Education Trust's

### **Pimpri Chinchwad University**

Sathe, Pune - 412106



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**Curriculum Structure** 

## **B. Sc Clinical Psychology**

(Batch-2024-2028)

**School of Sciences** 



Effective from Academic Year 2024-25



### **Program Structure**

### Preamble:

We at Pimri Chinchwad University offers- Bachelor of Science (BSc) in Clinical Psychology is an undergraduate program that aims to provide students with a comprehensive understanding of the scientific study of human behavior and mental processes, with a specific focus on the assessment, diagnosis, and treatment of psychological disorders. The program is designed to prepare students for careers in the field of clinical psychology, as well as for graduate study in clinical psychology or related fields. The curriculum of a BSc in Clinical Psychology typically includes courses in general psychology, abnormal psychology, developmental psychology, social psychology, and cognitive psychology, as well as coursework in research methods, statistics, and ethics. Students may also have the opportunity to gain practical experience through internships or other supervised clinical experiences, where they can apply their knowledge and skills in real-world settings.

The overarching goal of a BSc in Clinical Psychology is to provide students with a strong foundation in the theories, concepts, and methods of clinical psychology, as well as the critical thinking and problem-solving skills necessary to work effectively with individuals and groups in a variety of settings. Upon completion of the program, graduates should be able to apply their knowledge and skills to assess, diagnose, and treat psychological disorders, as well as to develop and implement evidence-based interventions to promote mental health and wellbeing.

#### Vision and Mission of Program:

### Vision:

To be a leading program in clinical psychology that produces competent and compassionate professionals who contribute to the betterment of society through the provision of high-quality mental health services.

#### Mission:

- Our mission is to provide students with a rigorous education in the scientific study of human behavior and mental processes, with a specific focus on the assessment, diagnosis, and treatment of psychological disorders.
- We strive to foster a learning environment that promotes critical thinking, ethical behavior, cultural sensitivity, and a commitment to lifelong learning.
- We aim to prepare our graduates to be competent and compassionate professionals who can
  apply their knowledge and skills to promote the mental health and wellbeing of individuals,
  families, and communities.



### Program Educational Objectives:

Here are some possible Program Educational Objectives (PEOs) for a BSc in Clinical Psychology program:

- 1. To provide students with knowledge and skills to become leading experts in the field of Clinical Psychology
- 2. To provide an innovative and comprehensive curriculum that integrates theoretical knowledge with practical experience, research opportunities, and professional development
- 3. To groom the student's overall personality for professional growth.
- 4. To inculcate values and ethics among the students and making them aware about their social commitments.

### Program Outcome

Here are some possible Program Outcomes (POs) for a BSc in Clinical Psychology program:

- 1. Knowledge Base Students will demonstrate a comprehensive understanding of the scientific principles and theories that underlie the field of clinical psychology, including the assessment, diagnosis, and treatment of psychological disorders.
- 2. Clinical Skills Students will demonstrate proficiency in the practical skills and competencies necessary to assess, diagnose, and treat psychological disorders, as well as to develop and implement evidence-based interventions to promote mental health and wellbeing.
- 3. Ethical and Professional Behavior Students will demonstrate adherence to the highest ethical and professional standards, including maintaining confidentiality, respecting cultural and individual differences, and advocating for the rights and needs of their clients.
- 4.Communication and Collaboration Students will demonstrate effective communication skills and the ability to work collaboratively with other healthcare professionals, researchers, and community stakeholders.
- 5. Lifelong Learning Students will demonstrate the ability to engage in ongoing professional development and pursue advanced training in clinical psychology or related fields.
- 6. Research and Critical Thinking Students will demonstrate the ability to critically evaluate research literature, design and conduct research studies, and analyze and interpret data to contribute to the advancement of the field.
- 7. Cultural Sensitivity Students will demonstrate an appreciation for the role of culture and diversity in shaping psychological processes and behaviors, and will be able to apply this knowledge to effectively



work with individuals from diverse backgrounds.

- 8. Self-awareness and Personal Growth Students will demonstrate the ability to engage in self-reflection and self-awareness activities, and use these insights to promote personal growth and enhance their effectiveness as clinical psychologists.
- 9. Professional Leadership and Advocacy Students will demonstrate the ability to advocate for the needs and rights of individuals with psychological disorders, as well as to provide leadership in advancing the field of clinical psychology through research, education, and community engagement.

### **Program Specific Outcomes:**

Here are some possible Program Specific Outcomes (PSOs) for a BSc in Clinical Psychology program:

- 1.Students will demonstrate comprehension of foundational psychological theories and concepts relevant to clinical psychology
- 2.Students will understand and adhere to ethical guidelines and legal standards governing the practice of clinical psychology, demonstrating professionalism, cultural sensitivity, and respect for diversity in all interactions with clients and colleagues.
- 3.Students will develop skills in designing and implementing prevention programs and wellness initiatives aimed at promoting mental health and well-being at the individual, group, and community levels, with an emphasis on resilience-building and stress management strate.



### **INDEX**

Sr. No.	Content					
1.	Tentative list of Electives. Open Electives, Life Skill Courses, Proficiency Foundation Courses, HSMC Courses	5				
2.	Curriculum Framework	6				
3.	List of Minors offered	14				
4.	Course Code – Nomenclature	15				

Sr. No.	Type of course	Abbreviations
1	Major	MAJM
2	Minor	MIN
3	Open Electives	OE
4	Ability Enhancement Courses	AEC
5	Skill Enhancement Courses	SEC
6	Vocational Skill Course	VSC
7	Summer Internship/ On Job Training	OJT
8	Project	PROJ
9	Field Project	FP
10	Indian Knowledge System	IKS
11	Community Engagement Program	CEP
12	Value Education Course	VEC

BSc Clinical Psychology

BSc Honor's Clinical Psychology

Sr. No.	Type of course	No. of	Total C	Credits	No. of Cours	Total	Credits
		Courses	No	%	es	No	%
1	Major	31	89	74.16	38	109	68.12
2	Minor	5	10	6.25	5	10	6.25
3	Open Electives	3	6	3.75	3	6	3.75
4	Ability Enhancement Courses (Audit Courses)	6	12		6	A=	
5	Skill Enhancement Courses	2	2	1.25	2	2	1.25
6	Vocational Skill Course	2	3	2.5	4	8	5
7	Summer Internship/On Job Training	1	6	5	2	18	11.25
8	Field Project	2	8	5	2	8	5
9	Indian Knowledge System (Audit Courses)	2	A		2	J =	
10	Value Education Course (Audit Courses)	1			1	=	
	Total	55	120	100.0	64	161	100.0

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Sr. No.	Type of course			No. of	Credits/	Semest	ter			Total
71. 110.	1, pe or course	I	П	Ш	IV	V	VI	VII	VIII	10111
1	Major	17	15	12	15	18	12	14	6	109
2	Minor Stream	W	2	2	2	2	2	-	:=0	10
3	Open Electives	2	2	2	2	_	( <u>-</u>			6
4	Ability Enhancement Courses (Audit course)	2	2	2	2	2	2			=
5	Skill Enhancement Courses	1	1	<b></b>		(5)	(5)			2
6	Vocational Skill Course		-	-	3	2	£.	2	3	8
7	Summer Internship/On Job Training		14				6		12	18
8	Field Project			4				4		8
9	Indian Knowledge System (Audit Course)	2	2		2					2
12	Value Education Course		-	-	-	(-)	1			=
	Total		20	20	20	20	20	20	21	161



### BSc (Clinical Psychology) Curriculum Structure Semester I

		Semester – I		Teacl	hing S	cheme		Evaluation Scheme					
Course Code	Category	Course Name	Th	Tut	Pr	Hrs	Cr	CIA	ESA	PR/ OR	Total		
UBSCP101	MAJM	Fundamentals of Psychology	3		0	3	3	40	60		100		
UBSCP102	MAJM	Fundamentals of Psychology - Lab	0	0	1	2	1	25		25	50		
UBSCP103	MAJM	Basics of Human Anatomy	3		0	3	3	40	60	-	100		
UBSCP104	MAJM	Introduction to Developmental Psychology	3	1	0	4	4	40	60	-	100		
UBSCP105	MAJM	Introduction to Social Psychology	2	1		3	3	40	60	<b>3</b> 7	100		
UBSCP106	МАЈМ	Psychology and Social Issues	3			3	3	40	60	<del>1.</del> 7	100		
UBSCP 107/UBSN D 108	OE	Open Elective I	2		1	2	2	50			50		
UBSCP108	SEC	Basics of Computer Application		1	1	2	1	25	:=	25	50		
ACUHV101	AC	UHV I: Professional Ethics	2			2	-	50			50		
USLAE107/ AEC	AEC	Modern Grammer and Usage	2			2	-	50			50		
Total			20	2	2	26	20	400	300	50	750		

### Open Elective I

Course Code	Course Type	Subject name
UBSCP 107	OE	Food Psychology
UBSND 108	OE	Understanding Fitness

 $\label{eq:Abbreviation: Course Abbreviation: Course Abbreviation: Th = Theory , Tut = Tutorial, Pr = Practical , Hrs = Hours , Cr = Credits ; CIA = Continuous Internal Assessment , ESA = End Semester Assessment , PR = Practical Exam , OR = Oral Exam$ 



### BSc (Clinical Psychology) Curriculum Structure Semester II

		Semester – II		Teac	hing So	cheme	Evaluation Scheme				
Course Code	Category	Course Name	Th	Tut	Pr	Hrs	Cr	CIA	ESA	PR/O	Total
UBSCP109	MAJM	Understanding Human Psychology	3	1	0	4	4	40	60	0	100
UBSCP110	MAJM	Health Psychology	3		0	3	3	40	60	0	100
UBSCP111	MAJM	Health Psychology - Lab			1	2	1	25	0	25	50
UBSCP112	MAJM	Cognitive Psychology	3	-	0	3	3	40	60	0	100
UBSCP113	MAJM	Cognitive Psychology - Lab			1	2	1	25	0	25	50
UBSCP114	MAJM	Introduction to Individual Differences in Psychology	3	0	0	3	3	40	60	0	100
	MIN	Minor I	2			2	2	20	30	0	50
UBSND 116/ UBSCP 115	OE	Open Elective-II	2		9.7	2	2	50	920	S <b>2</b> (1)	50
UBSCP 116	SEC	Sales, Negotiations, and Conflict Management; CP	1_	•	1	1	1	50	0	0	50
USLAE113/AE C	AEC	Spoken English	2			2	*	50			50
ACIKS101	IKS	IKS;Indian Family System: The Concept, Practices and Current Relevance	2			2	땉	50			50
Total			21	1	2	26	20	430	270	50	750

### **Open Elective II**

Course Code	Course Type	Subject name
UBSND 116	OE	Tools of Nutritional Assessment
UBSCP 115	OE	Role of Mindfulness and Counselling in Psychology

 $\begin{tabular}{ll} \textbf{Abbreviations:} & \textbf{Course Abbreviation;} & \textbf{Th} = \textbf{Theory} \ , \ \textbf{Tut} = \textbf{Tutorial}, \ \textbf{Pr} = \textbf{Practical} \ , \ \textbf{Hrs} = \textbf{Hours} \ , \ \textbf{Cr} = \textbf{Credits} \ ; \ \textbf{CIA} = \textbf{Continuous} \ \\ \textbf{Internal Assessment} \ , \ \textbf{ESA} = \textbf{End Semester Assessment} \ , \ \textbf{PR} = \textbf{Practical Exam} \ , \ \textbf{OR} = \textbf{Oral Exam} \ \\ \textbf{OR} = \textbf{Oral Exam} \ , \ \textbf{Oral Exam} \ ) \ \ \textbf{Oral Exam} \ , \ \textbf{Oral Exam} \ , \ \textbf{Oral Exam} \ , \ \textbf{Oral Exam} \ ) \ \ \textbf{Oral Exam}$ 



### **Exit Policy**

UG Certificate in BSc Clinical Psychology: Students who opt to exit after completion of the first year and have scored required credits offered by the school in the program structure will be awarded a UG certificate in Clinical Psychology, provided they must earn additional credits during the summer vacation of the first year.

			F	irst	Ye	ar							
Course Code				r	1.1	Cabana		Assessment Scheme					
	Course Name	Course		Teaching Scheme					Theory		OR/PR		
	Source T, man	Туре	Th	Pr	Tut	Credit	Hrs	CIA	ESA	CIA	ES A	Total	
UCEXCP101	Prog. Spec. Sub/MOOCs	VSC	2	-		2	2	-	-	50		50	
UCEXCP101	Project	VSC	_ '	2		2	4	-	-	50		50	

<sup>\*</sup>Project- In house/ Sponsored/ Case Study/ Field work

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Name of		BSc Clini		Semester:	Summer	Level: UG					
Progran Course I		Psycholog Foundation Psycholog Counselli	ons of gical	Vacation Course Co Type	de/ Course	UCEXCP101/	VSC				
Course 1	Pattern	Project: 0 2024		Version		1.0					
Teaching Scheme				version	As	sessment Schen	ne				
Theory	9	Tutorial	Total Credits	Hours	CIA (Continuous Internal Assessment)	ESA (End Semester Assessment)	Practical/ Oral				
2	-	-	2	2	50		-/				
				2. To con eth 3. To 4. To the 5. To psy	understand the inseling psychologopment. analyze the conseling, inclusives, limitations, explore the coudevelop skills counseling relations theorythoanalytic,	ethical and lega ding professions conflicts, and cli inseling process. in building and	as historical al aspects of al codes of ent rights. I maintaining ag, including humanistic,				
Course I	Learning Out	tcomes (CL	O):	Students would be able to:  1. Demonstrate an understanding of the definition, goals, and historical context of counseling psychology.							



- Apply ethical principles and legal considerations to counseling practice, ensuring professional conduct and respecting client rights.
- 3. Conduct effective initial interviews, identify client goals, and utilize basic counseling skills to facilitate exploration and understanding.
- 4. Build and maintain therapeutic relationships by employing advanced counseling skills, such as accurate empathy, self-disclosure, confrontation.
- 5. Critically evaluate and apply various counseling theories to understand and address diverse client needs and presenting issues effectively.

#### Course Contents/Syllabus:

(All the units carry equal weightage in Summative Assessment and equal engagement)

Descriptors/Topics	CLO	Hours
UNIT I		
<b>Introduction to Counselling:</b> Definition and goals of counselling psychology, Historical development and evolution of counselling as a field, Counseling in different settings (schools, workplaces, healthcare, etc.)	CL01	6
UNIT II		
Ethical and Legal Aspects of Counselling: Definition – Ethics, morality and Law, Professional Codes of Ethics and Standards, Limitations of ethical codes, Conflicts within and among ethical codes, Legal Aspects of Counselling Relationships, Civil and Criminal Liability, Client Rights and Records	CLO2	6
UNIT III		
The Counselling Process: Factors that Influence the Counseling, Types of Initial Interviews Conducting the Initial Interview, Exploration and the Identification of Goals, Basic Skills of Counselling: Active Listening Skills, Empathy, Congruence	CL03	6
UNIT IV		
The Counselling Relationship: Counselor Skills in the Working Stage of Counseling, Understanding and Action, Transference and Countertransference, Closing a Counseling Relationship, Issues Related to Closing: Follow-Up and Referral	CLO4	6
UNIT V		
Theories of Counselling: Introduction to Psychoanalytic, Adlerian, Humanistic, Behavioral,	CLO5	6
Cognitive and Systemic Approaches to Counselling.		



### Learning resources

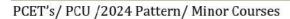
### Textbooks:

1. Gladding, S. T. (2000). Counseling: a comprehensive profession. 4th ed. Upper Saddle River, N.J., Merrill.

### Reference Books:

1. Corey, G. (1996). Theory and practice of counseling and psychotherapy (5th ed.). Thomson Brooks/Cole Publishing Co.

Online Resources/E-Learning Resources:
1. https://youtu.be/OwW8x\_0YGLI?si=JteG3IhdPLcJS12O





### BSc (Clinical Psychology) Curriculum Structure Semester III

		Semester – III		Teach	ing Sc	heme	Evaluation Scheme				
Course Code	Category	Course Name	Th	Tut	Pr	Hr s	Cr	CIA	ESA	PR/ OR	Total
UBSCP201	MAJM	Principals of Behavioural Neuroscience	3			3	3	40	60		100
UBSCP202	MAJM	Physiological Psychology	3	1		4	4	40	60		100
UBSCP203	MAJM	Introduction to Psychopathology	3			3	3	40	60		100
UBSCP204	MAJM	Introduction to Biostatistics;CP	2			2	2	20	30		50
	MIN	Minor II	2			2	2	20	30		50
UBSCP 205/ UBSND 204	OE	Open Elective – III	2			2	2	50			50
ACUHV201	AC	UHV II– Understanding Harmony	2	_		2		6 <u>-</u> -	8	-	10
UFLI 201	AEC	Foreign Language-I	2			2	-	50			50
UBSCP206	FP	Field Project- CP				6	4	50		50	100
Total			19	1	-	26	20	310	240	50	600

### **Open Elective III**

Course Code	Course Type	Subject name
UBSCP 205	OE	Gender Equality and Equity
UBSND 204	OE	Growth Monitoring and Health Policies

### Foreign Language I

Course Code	Course Type	Subject name
UFLI 201A	AEC	Foreign Language I - German
UFLI 201 B	AEC	Foreign Language I - Japanese

 $\label{eq:Abbreviation: Course Abbreviation: Th = Theory , Tut = Tutorial, Pr = Practical , Hrs = Hours , Cr = Credits ; CIA = Continuous Internal Assessment , ESA = End Semester Assessment , PR = Practical Exam , OR= Oral Exam$ 



### BSc (Clinical Psychology) Curriculum Structure Semester IV

		Semester – IV		Teac	hing Sc	heme		]	Evaluatio	n Schem	Scheme					
Course Code	Category	Course Name	Th	Tut	Pr	Hrs	Cr	CIA	ESA	PR/ OR	Total					
UBSCP205	MAJM	Advancements and Scope of Behavioural Neuroscience	2	1	140	3	3	40	60	0	100					
UBSCP206	МАЈМ	Understanding Psychological Disorders	3	1	-	4	4	40	60	0	100					
UBSCP207	МАЈМ	Experimental Psychology - Lab	0		2	4	2	25	0	25	50					
UBSCP208	МАЈМ	Nutrition and Mental Health	3	-	•	3	3	40	60	0	100					
UBSCP209	MAJM	Comparative Psychology	3		1	3	3	40	60	0	100					
	MIN	Minor III	2	0	/4	2	2	20	30	0	50					
UBSCP210	VSC	Organizational Psychology	3		-	3	3	40	60	0	100					
ACCOI201	IKS- AC	Constitution of India	2		- /	2	-/	50			50					
UFLI 202	AEC	Foreign Language-II	2		7/41	2	(-)	50			50					
Total			20	2	2	26	20	345	330	25	700					

### Foreign Language II

Course Code	Course Type	Subject name
UFLI 202A	AEC	Foreign Language II - German
UFLI 202 B	AEC	Foreign Language II - Japanese

 $\begin{array}{l} \textbf{Abbreviations:} \ \ Course \ Abbreviation; \ \ Th = Theory \ , \ Tut = Tutorial, \ Pr = Practical \ , \ Hrs = Hours \ , \ Cr = Credits \ ; \ CIA = Continuous \ \\ Internal \ Assessment \ , \ ESA = End \ Semester \ Assessment \ , \ PR = Practical \ Exam \ , \ OR = Oral \ Exam \ \\ \end{array}$ 



### **Exit Policy**

**UG Diploma in BSc Clinical Psychology**: Students who opt to exit after completion of the second year and have scored required credits offered by the school in the program structure will be awarded a UG diploma in Clinical Psychology, provided they must earn additional credits during the summer vacation of the second year.

			S	Seco	nd Year	r							
			Т	.1.1.	- C-l				Assessment Scheme				
Course Code	Course Name	Course	1 ea	cnin	g Sche	me		Th	eory	OR	/PR		
		Туре	Th	Pr	Tut C	redit	Hrs	CIA	ESA	CIA	ESA	Total	
UDIEXCP201	Prog. Spec. Sub./MOOCs	VSC	2			2	2	-	-	50		50	
UDIEXCP202	Project/ Internship	VSC	-	4		4	8	-	-	50	50	100	

<sup>\*</sup>Project- In house/ Sponsored/ Case Study/ Field work



### BSc (Clinical Psychology) Curriculum Structure Semester V

		Semester – V	V Teaching Scheme						Evaluatio	on Scheme	
Course Code	Category	Course Name	Th	Tut	Pr	Hrs	Cr	CIA	ESA	PR/OR	Total
UBSCP301	MAJM	Introduction to Counselling Psychology	3			3	3	40	60		100
UBSCP302	MAJM	Introduction to Counselling Psychology -Lab			1	2	1	25	0	25	50
UBSCP303	MAJM	Introduction to Psychological Research	3	1		4	4	40	60		100
UBSCP304	MAJM	Psychological Scaling	3	-		3	3	40	60		100
UBSCP305	MAJM	Contemporary Psychotherapies	3	1		4	4	40	60		100
UBSCP306	МАЈЕ	Elective - I	3	•	1	3	3	40	60		100
	MIN	Minor IV	2	- /	-	2	2	20	30		50
UFL III 301	AEC	Foreign Language-III	2			2		50			50
ACALR301	VSC	Aptitude and Logical Reasoning	1			1		50			50
Total			20	2	1	24	20	345	330	25	700

### **UBSCP 308- Elective I**

Course Code	Course Type	Subject name	
UBSCP 306 A	MAJE	Positive Psychology	
UBSCP 306B	MAJE	Psychological First Aid	

### Foreign Language III

Course Code	Course Type	Subject name
UFLIII 301A	AEC	Foreign Language III - German
UFLIII 301 B	AEC	Foreign Language III - Japanese

 $\textbf{Abbreviations:} \ \ Course \ \ Abbreviation; \ \ Th = Theory \ , \ Tut = Tutorial, \ Pr = Practical \ , \ Hrs = Hours \ , \ Cr = Credits \ ; \ CIA = Continuous \ Internal \ Assessment \ , \ ESA = End \ Semester \ Assessment \ , \ PR = Practical \ Exam \ , \ OR = Oral \ Exa$ 



### BSc (Clinical Psychology) Curriculum Structure Semester VI

Course Code		Semester – VI		Teacl	hing S	cheme		E.	valuatio	n Schei	Scheme					
	Category	Course Name	Th	Tut	Pr	Hrs	Cr	CIA	ESA	PR/ OR	Tot: 1 50 100					
UBSCP307	MAJM	Psychometric Analysis - Lab	0	0	2	4	2	25		25	50					
UBSCP308	MAJM	Introduction to Statistical Analysis in Psychology	3	1	-	4	4	40	60	0	100					
UBSCP309	MAJM	Introduction to Psychodiagnostics	2	1	0	4	3	40	60	0	100					
UBSCP310	MAJM	Introduction to Psychotherapy	2	1	0	3	3	40	60	0	100					
	MIN	Minor 5	2	-	-	2	2	20	30	0	50					
UBSCP311	INTR	Internship				6	6	100	0	100	200					
ACEVS301	VEC	EVS	2	1/1		2	<b>a</b> 0	50			50					
UFLIV302	AEC	Foreign Language -IV	2	1		2	1 =									
Total			13	3	2	27	20	315	210	125	650					

### Foreign Language IV

Course Code	Course Type	Subject name
UFLIV 302 A	AEC	Foreign Language IV - German
UFLIV 302 B	AEC	Foreign Language IV - Japanese

 $\begin{tabular}{ll} {\bf Abbreviations: Course Abbreviation; Th = Theory , Tut = Tutorial, Pr = Practical , Hrs = Hours , Cr = Credits ; CIA = Continuous Internal Assessment , ESA = End Semester Assessment , PR = Practical Exam , OR= Oral Exam \\ \end{tabular}$ 



### BSc (Clinical Psychology) Curriculum Structure Semester VII

		Semester – VII		<b>Feach</b>	ing So	heme		Е	valuatio	n Schen	ieme					
Course Code	Category	Course Name	Th	Tu t	Pr	Hr s	Cr	CIA	ESA	PR/ OR	Tota 1					
UBSCP401	MAJM	Rehabilitation Psychology	3	-	-	3	3	40	60		100					
UBSCP402	MAJM	Rehabilitation Psychology-LAB			1	2	1	25	-	25	50					
UBSCP403	МАЈМ	Scientific Writing and Research Methods	3	1	-	4	4	40	60		100					
UBSCP404	МАЈМ	Educational and School Psychology	3	0.00	2,00	3	3	40	60		100					
UBSCP405	MAJM	Forensic Psychology	3	870	0.00	3	3	40	60		100					
UBSCP406	VSC	Neural Linguistic Programming (MOOC)	2	-	-	2	2	50	-		50					
UBSCP407	PROJ	Research Project- Clinical Psychology	-/			6	4	50		50	100					
Total			14	1	1	23	20	285	240	75	600					

 $\textbf{Abbreviations:} \ \ Course \ \ Abbreviation; \ \ Th = Theory \ , \ Tut = Tutorial, \ Pr = Practical \ , \ Hrs = Hours \ , \ Cr = Credits \ ; \ CIA = Continuous \ Internal \ Assessment \ , \ ESA = End \ Semester \ Assessment \ , \ PR = Practical \ Exam \ , \ OR = Oral \ Exam \ )$ 



### BSc (Clinical Psychology) Curriculum Structure Semester VIII

Course Code		Semester – VIII		<b>Feachi</b>	ng S	cheme	3	I	Evaluat	tion Schen	Total 50				
	Category	Course Name	Th	Tu t	P r	H	Cr	CIA	ES A	PR/OR	Tota				
USBCP40 8	MAJM	Palliative and Domiciliary Care; Clinical Psychology	2	-	10=	2	2	50	0	0	50				
UBSCP40 9	VSC	IPR-Online Certification	3	-		3	3	50	0	0	50				
UBSCP41 0	MAJM	Case study Portfolio; Clinical Psychology		-	0	4	4	50		50	100				
INTR	INTR	OJT- Thesis; Clinical Psychology	\ -	-		6	12	200		200	400				
Total			5	0		15	21	350	0	250	600				

 $\begin{tabular}{ll} \textbf{Abbreviations:} & \textbf{Course Abbreviation;} & \textbf{Th} = \textbf{Theory} \ , \ \textbf{Tut} = \textbf{Tutorial}, \ \textbf{Pr} = \textbf{Practical} \ , \ \textbf{Hrs} = \textbf{Hours} \ , \ \textbf{Cr} = \textbf{Credits} \ ; \ \textbf{CIA} = \textbf{Continuous} \ \\ \textbf{Internal Assessment} \ , \ \textbf{ESA} = \textbf{End Semester Assessment} \ , \ \textbf{PR} = \textbf{Practical Exam} \ , \ \textbf{OR} = \textbf{Oral Exam} \ \\ \textbf{OR} = \textbf{Oral Exam} \ , \ \textbf{Oral Exam} \ ) \ \ \textbf{Oral Exam} \ , \ \textbf{Oral Exam} \ , \ \textbf{O$ 



### **Course Code Nomenclature:**

Digit Number	Digit	Meaning
1	В	Bachelor
2	N	Nutrition
3	D	Dietetics
4	1 to 8	1- Semester 1, 2- Semester 2, 3- Semester 3, 4- Semester 4, 5- Semester 5, 6- Semester 6, 7- Semester 7, 8- Semester 8
5	Type of Course, 1 to 8	1- MAJMor, 2 - Minor, 3 - Multidisciplinary / Open Electives, 4 - Ability Enhancement Courses, 5 - Skill Enhancement Courses, 6 - Value Added Courses, 7 - Summer Internship, 8 - Project
6 and 7	01,02,03,	Subject Code



Learn | Grow | Achieve

### Pimpri Chinchwad Education Trust's

## Pimpri Chinchwad University

(Established under Maharashtra Act No V of 2023) Sate, Pune - 412 106. Maharashtra, India

## **MINOR COURSES**

**(2024 PATTERN)** 

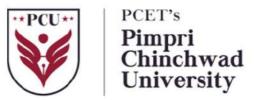




Pimpri Chinchwad Education Trust's

### **Pimpri Chinchwad University**

Sate, Pune - 412106



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**Curriculum Structure** 

### **MINOR COURSES**



(2024 Pattern)

Effective from Academic Year 2024-25



#### Minor Course Curriculum

#### Preamble:

The Minor Courses offered at Pimpri Chinchwad University are designed to equip students with practical skills and diverse perspectives to thrive in the modern world. Through minors focused on data analysis, environmental sustainability, digital media, and cyber-security, students gain experience and interdisciplinary knowledge. These minors encourage versatility, adaptability, and the ability to leverage technology to solve complex problems. Students explore subjects outside their primary focus, develop complementary abilities, and gain a deeper appreciation for diverse cultures and perspectives.

#### Vision:

To be a leading university inspiring academic and personal growth and transforming lives

### Mission:

- To foster academic excellence, innovation and social responsibility by providing a holistic and inclusive learning ecosystem.
- To prepare students to be responsible ethical global citizens and leaders through industry-relevant curriculum, international exposure and skill development.
- To imbibe research and entrepreneurship aptitude among students
- To help and facilitate the students Learn, Grow, and achieve their full potential.



#### Program Outcomes

### Programme Outcomes (POs):

**PO 1:** Engineering knowledge: Apply the knowledge of mathematics, science, engineering fundamentals, and an engineering specialization to the solution of complex engineering problems.

**PO2**: Problem analysis: Identify, formulate, review research literature, and analyze complex engineering problems reaching substantiated conclusions using first principles of mathematics, natural sciences, and engineering sciences.

**PO3:** Design/development of solutions: Design solutions for complex engineering problems and design system components or processes that meet the specified needs with appropriate consideration for the public health and safety, and the cultural, societal, and environmental considerations.

**PO4:** Conduct investigations of complex problems: Use research-based knowledge and research methods including design of experiments, analysis and interpretation of data, and synthesis of the information to provide valid conclusions.

**PO5:** Modern tool usage: Create, select, and apply appropriate techniques, resources, and modern engineering and IT tools including prediction and modelling to complex engineering activities with an understanding of the limitations.

**PO6:** The engineer and society: Apply reasoning informed by the contextual knowledge to assess societal, health, safety, legal and cultural issues and the consequent responsibilities relevant to the professional engineering practice.

**PO7:** Environment and sustainability: Understand the impact of the professional engineering solutions in societal and environmental contexts, and demonstrate the knowledge of, and need for sustainable development.

**PO8:** Ethics: Apply ethical principles and commit to professional ethics and responsibilities and norms of the engineering practice.

**PO9:** Individual and team work: Function effectively as an individual, and as a member or leader in diverse teams, and in multidisciplinary settings.

**PO10:** Communication: Communicate effectively on complex engineering activities with the engineering community and with society at large, such as, being able to comprehend and write effective reports and design documentation, make effective presentations, and give and receive clear instructions.

**PO11:** Project management and finance: Demonstrate knowledge and understanding of the engineering and management principles and apply these to one's own work, as a member and leader in a team, to manage projects and in multidisciplinary environments.

PO12: Life-long learning: Recognize the need for, and have the preparation and ability to engage in independent and life-long learning in the broadest context of technological change.



### **INDEX**

Sr. No.	Content	Page No.
1.	Preamble, Vision and Mission	-
2.	Programme Outcomes (POs)	-
3.	Course Structure	1-5
4.	Course Code Nomenclature	6



### **Course Structure**

### **List of Minor Courses**

### Web Development (WD)

Offering School: School of Engineering & Technology (ET)

Course Code	Name of Course	Teaching Scheme			Evaluation Scheme	
	2,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	Sem	Credits	Hours	CIA	ESA
UETWD101	WD Minor1: Introduction of HTML	# II/ *IV	2	2	20	30
UETWD102	WD Minor2: Getting started with JavaScript	# III/ *V	2	2	20	30
UETWD103	WD Minor3: Server-side Programming with Node.js	# IV/*VI	2	2	20	30
UETWD104	WD Minor4: Front-end Development with React & Type Script	# V/*VII	2	2	20	30
UETWD105	WD Minor5: back-end frameworks - Django, Ruby on Rails,	# VI/*VIII	2	2	20	30
			F			

### Robotics Process Automation (RP)

Offering School: School of Engineering & Technology (ET)

Course	Name of Course	Teaching Scheme			Evaluation Scheme	
Code		Sem	Credits	Hours	CIA	ESA
UETRP101	RP Minor1: Basics of Robotics Process Automation	# II/ *IV	2	2	20	30
UETRP102	RP Minor2: Fundamentals of RPA Business Analysis	# III/ *V	2	2	20	30
UETRP103	RP Minor3: Automation Techniques in RPA	# IV/*VI	2	2	20	30
UETRP104	RP Minor4: Future of RPA with Business Automation	# V/*VII	2	2	20	30
UETRP105	RP Minor5: RPA Tool	# VI/*VIII	2	2	20	30

### Artificial intelligence & Machine Learning (ML)

Offering School: School of Engineering & Technology (ET)

Sr.no	Name of Course	Teach	Evaluation Scheme			
		Sem	Credits	Hours	CIA	ESA
UETML101	ML Minor1: Artificial Intelligence	# II/ *IV	2	2	20	30
UETML102	ML Minor2: Machine Learning	# III/ *V	2	2	20	30
UETML103	ML Minor3: Natural Language Processing	# IV/*VI	2	2	20	30
UETML104	ML Minor4: Optimization Techniques	# V/*VII	2	2	20	30
UETML105	ML Minor5: Deep Learning For Computer Vision	# VI/*VIII	2	2	20	30

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	Data Science (DS) Offering School: School of Engineering & Technology (ET)						
Sr.no	Name of Course	Teaching Scheme			Evaluation Scheme		
		Sem	Credits	Hours	CIA	ESA	
UETDS101	DS Minor1: Applied Data Science With Python	# II/ *IV	2	2	20	30	
UETDS102	DS Minor2: Data Visualization With Tableau	# III/ *V	2	2	20	30	
UETDS103	DS Minor3: Business Analytics	# IV/*VI	2	2	20	30	
UETDS104	DS Minor4: Data Analytics	# V/*VII	2	2	20	30	
UETDS105	DS Minor5: Generative AI	# VI/*VIII	2	2	20	30	

### Media Communications Offering School: School of media and communications studies

Course Code	Name of Course	Teachi	Evaluation Scheme			
		Sem			CIA	ESA
UMSMM101	MM Minor1: Literary Study	# II/ *IV	2	2	20	30
UMSMM102	MM Minor2: Digital Media Production	# III/ *V	2	2	20	30
UMSMM103	MM Minor3: Photography	# IV/*VI	2	2	20	30
UMSMM104	MM Minor4: Performing Arts - Theater	# V/*VII	2	2	20	30
UMSMM105	MM Minor5: Film Studies	# VI/*VIII	2	2	20	30

## Psychology (PSY) Offering School: School of science

Name of Course	Teach	Evaluation Scheme			
	Sem	Credits	Hours	CIA	ESA
PSY Minor1: Introductory Psychology	# II/ *IV	2	2	20	30
PSY Minor2: Foundations of Social Psychology	# III/ *V	2	2	20	30
PSY Minor3: Theories of Personality Development	# IV/*VI	2	2	20	30
PSY Minor4: Industrial Psychology	# V/*VII	2	2	20	30
PSY Minor5: Mindfulness and Mental Health	# VI/*VIII	2	2	20	30
	PSY Minor1: Introductory Psychology PSY Minor2: Foundations of Social Psychology PSY Minor3: Theories of Personality Development PSY Minor4: Industrial Psychology	PSY Minor1: Introductory Psychology # II/*IV  PSY Minor2: Foundations of Social # III/*V  Psychology # III/*V  PSY Minor3: Theories of Personality # IV/*VI  Development # IV/*VI  PSY Minor4: Industrial Psychology # V/*VII	PSY Minor1: Introductory Psychology # II/*IV 2  PSY Minor2: Foundations of Social Psychology # III/*V 2  PSY Minor3: Theories of Personality Psy Minor3: Theories of Personality Psy Minor4: Industrial Psychology # V/*VII 2	Sem   Credits   Hours	Name of Course         Teaching Scheme         Scheme         Scheme         Scheme         Scheme         Scheme         Scheme         Scheme         Scheme         CIA           PSY Minor1: Introductory Psychology         # III /*IV         2         2         20           PSY Minor3: Foundations of Social Psychology         # III /*V         2         2         20           PSY Minor3: Theories of Personality Development         # IV/*VI         2         2         20           PSY Minor4: Industrial Psychology         # V/*VII         2         2         20



### **Nutrition (NUT)**

Offering School: School of science

Course Code	Name of Course	Teachi	Evaluation Scheme			
		Sem			CIA	ESA
USCNUT101	NUT Minor1: Human Nutrition	# II/ *IV	2	2	20	30
USCNUT102	NUT Minor2: Lifestyle Management	# III/ *V	2	2	20	30
USCNUT103	NUT Minor3: Introduction to Weight Management	# IV/*VI	2	2	20	30
USCNUT104	NUT Minor4: Food Quality and Management	# V/*VII	2	2	20	30
USCNUT105	NUT Minor5: Novel Foods and Application	# VI/*VIII	2	2	20	30

### Design Thinking and Methodologies (DM)

Offering School: Pune Design School (SD)

Course Code	Name of Course	Teachi	Evaluation Scheme			
	STORMAN VALUE AND CONTROL AND	Sem	Credits	Hours	CIA	ESA
USDDM101	DM Minor1: Design Thinking	# II/ *IV	2	2	20	30
USDDM102	DM Minor2: Brand Identity Design	# III/ *V	2	2	20	30
USDDM103	DM Minor3: Digital tools for 2D design	# IV/*VI	2	2	20	30
USDDM104	DM Minor4: Physical model making/ Prototyping	# V/*VII	2	2	20	30
USDDM105	DM Minor5: Digital Tools for 3D design	# VI/*VIII	2	2	20	30

### Economics & Finance (FE)

Offering School: School of Management (SM)

Course Code	Name of Course	Teachi	Evaluation Scheme			
		Sem	Credits	Hours	CIA	ESA
USMFE101	FE Minor1: Micro-economics	# II/ *IV	2	2	20	30
USMFE102	FE Minor2: Fundamentals of Accounting	# III/ *V	2	2	20	30
USMFE103	FE Minor3: Principles of Finance	# IV/*VI	2	2	20	30
USMFE104	FE Minor4: Cost anfd Management Accounting	# V/*VII	2	2	20	30
USMFE105	FE Minor5: Macro economics	# VI/*VIII	2	2	20	30

### Entrepreneurship and Innovations (EI)

Offering School: School of Management (SM)

Course Code	Name of Course	Teaching Scheme			Evaluation Scheme	
		Sem	Credits	Hours	CIA	ESA
USMEI101	EI Minor1: Entrepreneurship-New venture Development	# II/ *IV	2	2	20	30
USMEI102	EI Minor2: Rural Entrepreneurship	# III/ *V	2	2	20	30
USMEI103	EI Minor3: Design Thinking	# IV/*VI	2	2	20	30
USMEI104	EI Minor4: Institutional and Legal framework for Startups and small Businesses	# V/*VII	2	2	20	30

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USMEI105 EI Minor5: Managing creativity and learning organizations	# VI/*VIII	2	2	20	30
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### Drugs & Healthcare (DH)

Offering School: School of Pharmacy (SP)

Course Code	Name of Course	Teach	Evaluation Scheme			
		Sem	Credits	Hours	CIA	ESA
USPDH101	DH Minor1: Health and hygiene	# II/ *IV	2	2	20	30
USPDH102	DH Minor2: Know your drugs	# III/ *V	2	2	20	30
USPDH103	DU Minor?: Complementary and alternative		2	2	20	30
USPDH104	DH Minor4: Drug Discovery	# V/*VII	2	2	20	30
USPDH105	DH Minor5: Forensic Science	# VI/*VIII	2	2	20	30

### Software Application Design and Development (AD)

Offering School: School of Engineering and Technology (Computer Applications)

Name of Course	Teachi	Evaluation Scheme			
	Sem	Credits	Hours	CIA	ESA
AD Minor1: System Analysis and Design	# II/ *IV	2	2	20	30
AD Minor2: User Experience and Design	# III/ *V	2	2	20	30
AD Minor3: Introduction to GitHub.	# IV/*VI	2	2	20	30
AD Minor4: Introduction to Gaming Applications.	# V/*VII	2	2	20	30
AD Minor5: Mobile Application Development	# VI/*VIII	2	2	20	30
	AD Minor1: System Analysis and Design AD Minor2: User Experience and Design AD Minor3: Introduction to GitHub. AD Minor4: Introduction to Gaming Applications.	Sem AD Minor1: System Analysis and Design # II/ *IV AD Minor2: User Experience and Design # III/ *V AD Minor3: Introduction to GitHub. # IV/*VI AD Minor4: Introduction to Gaming # V/*VII Applications.	Sem Credits  AD Minor1: System Analysis and Design # II/*IV 2  AD Minor2: User Experience and Design # III/*V 2  AD Minor3: Introduction to GitHub. # IV/*VI 2  AD Minor4: Introduction to Gaming # V/*VII 2  Applications. # V/*VII 2	Sem Credits Hours  AD Minor1: System Analysis and Design # II/*IV 2 2  AD Minor2: User Experience and Design # III/*V 2 2  AD Minor3: Introduction to GitHub. # IV/*VI 2 2  AD Minor4: Introduction to Gaming Applications. # V/*VII 2 2	Name of Course    Sem   Credits   Hours   CIA

### Cyber Security (CS)

Offering School: School of Engineering and Technology (Computer Applications)

Course Code	Name of Course	Teachi	Evaluation Scheme			
		Sem	Credits	Hours	CIA	ESA
UETCS101	CS Minor1: Cyber Ethics, Cyber Law and Cyber Policy	# II/ *IV	2	2	20	30
UETCS102	CS Minor2: Introduction to Cryptography	# III/ *V	2	2	20	30
UETCS103	JETCS103 CS Minor3: Social Media Security.		2	2	20	30
UETCS104	TETCS104 CS Minor4: Introduction to Block Chain.		2	2	20	30
UETCS105	ETCS105 CS Minor5: Data Security & Privacy.		2	2	20	30

### English Literature (E)

Offering School: School of Liberal Arts (SL)

Course Code	Name of Course	Teaching Scheme			Evaluation Scheme	
		Sem	Credits	Hours	CIA	ESA

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USLAE101	E Minor1: English for Competitive Examinations-I	# II/ *IV	2	2	20	30
USLAE102	E Minor2: English for Competitive Examinations-II	# III/ *V	2	2	20	30
USLAE103	E Minor3: English for Competitive Examinations-III	# IV/*VI	2	2	20	30
USLAE104	E Minor4: English for Competitive Examinations-IV	# V/*VII	2	2	20	30
USLAE105	E Minor5: English for Competitive Examinations-V	# VI/*VIII	2	2	20	30

	English (E) Offering School: School of L	iberal Arts (SI	<b>.</b> )			
Course	Name of Course	Teach	Evaluation Scheme			
Code	1.0000000000000000000000000000000000000	Sem	Credits	Hours	CIA	ESA
USLAM101 Learning English With Shakespeare-Romeo and Juliet (Minor-I)		# II/ *IV	2	2	40	30
USLAM102	Learning English With Shakespeare-Hamlet (Minor-II)	# III/ *V	2	2	40	30

<sup>\* :</sup> Courses offered for B Tech, B Design #: Courses offered for B Sc, BBA, Media, and Management & Liberal Arts



### **Course Nomenclature**

Course Title	Course Code	Name of Course
Web Development (WD)	UETWD101	WD Minor1: Introduction of HTML
Web Development (WD)	UETWD102	WD Minor2: Getting started with JavaScript
Robotics Process	UETRP101	RP Minor1: Basics of Robotics Process Automation
Automation (RP)	UETRP102	RP Minor2: Fundamentals of RPA Business Analysis
Artificial Intelligence &	UETML101	ML Minor1: Artificial Intelligence
Machine Learning (AIML)	UETML102	ML Minor2: Machine Learning
Data Science	UETDS101	DS Minor1: Applied Data Science With Python
(DS)	UETDS102	DS Minor2: Data Visualization With Tableau
Media Communications	UMSMM101	MM Minor1: Literary Study
(MM)	UMSMM102	MM Minor2: Digital Media Production
Psychology	USCPSY101	PSY Minor1: Introductory Psychology
(PSY)	USCPSY102	PSY Minor2: Foundations of Social Psychology
Nutrition	USCNUT101	NUT Minor1: Human Nutrition
(NUT)	USCNUT102	NUT Minor2: Lifestyle Management
Design Thinking	USDDM101	DM Minor1: Design Thinking
Methodologies (DM)	USDDM102	DM Minor2: Brand Identity Design
Economics and Finance	USMFE101	FE Minor1: Micro-economics
(FE)	USMFE102	FE Minor2: Fundamentals of Accounting
Entrepreneurship and	USMEI101	EI Minor1: Entrepreneurship-New venture Development
Innovations (EI)	USMEI102	EI Minor2: Rural Entrepreneurship
Drugs and Healthcare	USPDH101	DH Minor1: Health and hygiene
(DH)	USPDH102	DH Minor2: Know your drugs
Software Application	UETAD101	AD Minor1: System Analysis and Design
Design and Development (AD)	UETAD102	AD Minor2: User Experience and Design
Cyber Security	UETCS101	CS Minor1: Cyber Ethics, Cyber Law and Cyber Policy
(CS)	UETCS102	CS Minor2: Introduction to Cryptography
English Literature (EL )	USLAE101	E Minor1: English for Competitive Examinations-I
English Enerathre (EL)	USLAE102	E Minor2: English for Competitive Examinations-II
English (E)	USLAM101	E Minor 1: Learning English With Shakespeare-Romeo and Juliet
English (E)	USLAM102	E Minor2Learning English With Shakespeare-Hamlet (Minor-II)



# SEMESTER - I

# **COURSE STRUCTURE**

PCET's PCU/School of Sciences/ BSc. Clinical Psychology/2024 Pattern



### **COURSE CURRICULUM**

Name Progran	of the 1:	BSc CP		Semester :	1	Level: UG			
Course I		Fundamen	itals of	Course C	ode/ Course	urse UBSCP101/			
		Psycholog	v	Type		МАЈМ			
Course I	Pattern	2024		Version		1.0			
	g Scheme		1	S CONTROL REPORT CHARLES FOR CONTROL	Assessment S	1			
Theory	Practical	Tutorial	Total	Hours	CIA	ESA (End	Practical/		
			Credits	TOTAL CO. 100 P.	(Continuous	Semester	Oral		
			0.0199990.0000.0009991.00		Internal	Assessment)	September Septem		
	1				Assessment)				
3	-	-	3	3	40	60	-		
- 2	nisite: XII	Science / X	William .		ogy as Major /	The state of the s	ı		
Course C	earning Out	CO):		The objectir  1. To recand it technic technic technic psych  2. To recapsych psych  3. To a physic their i  5. To approximate and to their i  5. To approximate and their include experience and the psych psych  3. Apply analyzed Analyzed behave their is included to the psych psych psych analyzed their included their included their included their included their included their psych psych psych their included their included their psych psych their included their psych psych their included their psych psych their included their i	ves of Fundame call the foundates methods of stages. Ecognize and cological researce cologists in society and the complications. So ply concepts of understand cognide to the foundations of the foundations of the cological researce cologists in address of the cologists in address of the cologists in address of the cologists of	antals of Psychologional concepts of cudy, including variable, including variable, and understanderty.  The personality, and of intelligence, including the concepts of ed to study humantion, interviewonal concepts.	Psychology rious study rinciples in the role of and their understand reluding IQ rinciples in the role of section of the role		



### Contents/Syllabus:

(All the units carry equal weightage in Summative Assessment and equal engagement)

Descriptors/Topics	CLO	Hours
UNIT I		
Introduction to Psychology: Definition of Psychology, scope of psychology, Methods to study Human Psychology – observation, Interview, Case study, Experimental method, Ethics and Role of Psychologist, Facts and myths about Psychology.	CLO 1	09
UNIT II		
<b>Emotions, feelings, and mood:</b> Definition and types of Emotion, Basic difference in emotions, feelings, and mood, Brain chemicals and emotions, Theories - James Lange, Cannon Bard theory, Schechter Singer theory.	CLO 2	09
UNIT III		
<b>Personality:</b> Definition and types of Personality, Facts and Myths about personality, Characteristics of Personality, Theory of personality - Trait Theories, Social cognitive theories, Psychodynamic Theories.	CLO 3	09
UNIT IV		
<b>Intelligence:</b> Definition of intelligence, IQ, Factors affecting IQ, Giftedness VS abnormality, Theory of General Intelligence, Theory of Multiple Intelligence, Fluid Vs. Crystallized Intelligence.	CLO 4	09
UNIT V		
Interpersonal Processes: Adjustment and coping Aggression – meaning, cause and prevention, Issues of adolescents- stress, identity crises, adjustment to psychological and physiological changes, Interpersonal Processes in close relationship – Interdependence, Love, intimacy, and individual differences in relationship.	CLO 5	09
Total Hours		45

### Learning resources

### Textbooks:

- 1. Ciccarelli, S. K., & White, J. N. (2017). Psychology: An Exploration (4th ed.). Pearson Education.
- 2. Morgan, C. T., & King, R. A. (2017). Introduction to Psychology: McGraw-Hill.

### Reference Books:

- 1. Sternberg, R.J., Sternberg, K., and Jeff, M. (2011). Cognitive Psychology. Wadsworth.
- 2. Farmer, T. A., & Matlin, M. W. (2019). Cognition. John Wiley & Sons.

### Online Resources/E-Learning Resources:

- 1. https://www.youtube.com/watch?v=W4N-7AlzK7s&authuser=0
- 2. https://youtu.be/IB1FVbo8TSs?si=7-KOWGICorlAJK1
- 3. https://youtu.be/9xTz3QjcloI?si=MqQku802eFphwvmB
- 4. <a href="https://youtu.be/SNWW-pPmTsI?si=iqTanxfnJsUUNU2i">https://youtu.be/SNWW-pPmTsI?si=iqTanxfnJsUUNU2i</a>

PCET's PCU/School of Sciences/ BSc. Clinical Psychology/2024 Pattern



Name Program	of the n:	BSc C	P	Semester : 1		Level: UG				
Course N	Course Name Fundamentals of Course Code/ Course UBSCP102/									
		Psycho	ychology - Lab Type MAJM							
Course I	Pattern	2024		Version		1.0				
Teaching	g Scheme	10e		*	Ass	essment Scheme				
Theory	Practical	Tuto	Total	Hours	CIA	ESA (End	Practical/			
185000000000000		rial	Credits		(Continuou	Semester	Oral			
	,				s Internal	Assessment)				
					Assessment	Á				
					)					
-	1	-	1	2	25	-	25			
Pre-Req	uisite: XI	I Science	/ XII Arts –	with Psycholo	gy as Major /	Minor				
	bjectives (					nentals of Psycho	ology - Lab			
1999-0.64M-9697-194	,			are:						
				1. Recall	fundamental	concepts of emo	otional and			
				verbal	intelligence, S	SWOT analysis,	and stress			
				coping.						
				2. Recogn	ize methods f	or assessing em	otional and			
				verbal	intelligence, S	SWOT analysis,	and stress			
				coping.						
				3. Apply 1	cnowledge in p	ractical settings,	proficiently			
						preting assessmen				
						data from asses	sments and			
						ntifying patterns.				
						ig techniques' ef				
				considering individual and situational factors.						
Course L	earning Ou	tcomes (	CLO):	Students would be able to:						
				1. Identify fundamental concepts of emotional						
						nificance in huma				
						instruments for				
						SWOT analysis,	and stress-			
				coping te			y			
						emotional intell				
						in practical settin				
				4. Analyze			emotional			
						and stress-coping				
						ss of stress-coping				
						entions based or	n empirical			
				evidence.						



# Contents/Syllabus:

(All the Practical's carry equal weightage in Summative Assessment and equal engagement)

#### **Practical Plan**

Assign ment/Pr actical/ Activity Number	Assignment/Practi cal/Activity Title	Week Number/Turn	Details	CLO	Hours
1	Practical 1: Emotional intelligence	Week 1/Turn 2	1.1 Understanding emotional intelligence	CLO1	2
	Questionnaire	Week 2	1.2 Assessing emotional intelligence		2
		Week 3	1.3 Analysis of the observation	7	2
2. Practical 2: Verbal Intelligence Test		Week 4	2.1 Understanding Verbal Intelligence	CLO 2	2
		Week 5	2.2 Assessing verbal intelligence		2
		Week 6	2.3 Analysis of the observation		2
3.	Practical 3: SWOT Analysis	Week 7	3.1 Understanding SWOT	CLO 3	2
		Week 8	3.2 performing SWOT Analysis		2
		Week 9	3.3 Interpretation		2
4.	Practical 4: Performance test -	Week 10	4.1 Understanding Intelligence	CLO 4	2
	Bhatia	Week 11	4.2 Assessing intelligence.		2
		Week 12	4.3 Analysis of the observation		2
5.	Practical 5: stress coping techniques	Week 13	5.1 Understanding Stress	CLO 5	2
		Week 14	5.2 Identifying stressors – introspection and case study		2
		Week 15	5.3 performing stress coping techniques		2
			Total		30 Hours

# Learning resources

# Textbooks:

- 1. Ciccarelli, S. K., & White, J. N. (2017). Psychology: An Exploration (4th ed.). Pearson Education.
- 2. Nunn, J. (1998). Laboratory psychology: A beginner's guide. Hove: Psychology Press Ltd

#### Reference Books:

- 1. Galotti, K. M. (2017). Cognitive psychology in and out of the laboratory. Sage Publications.
- 2. Sternberg, R.J., Sternberg, K., and Jeff, M. (2011). Cognitive Psychology. Wadsworth.
- 3. Morgan, C. T., & King, R. A. (2017). Introduction to Psychology: McGraw-Hill

4.



Online Resources/E-Learning Resources

- 1. https://www.canyons.edu/\_resources/documents/academics/onlineeducation/Psych126TextbookFinalV1\_2.pdf
- 2. https://ia601307.us.archive.org/16/items/practicalpsychol00hadd/practicalpsychol00hadd.pdf
- 3. https://hanseysenck.com/wp-content/uploads/2019/12/1976\_eysenck\_wilson\_textbook\_of\_human\_psychology\_lancaster\_mtp\_press.pdf
- 4. https://ocw.mit.edu/ans7870/9/9.00SC/MIT9 00SCF11 text.pdf





Name	of	the	BSc CP	Semester : 1	Level: UG	
Prograi	n:					



# COURSE CURRICULUM



	Achieve

Course I	Name	Basics of	f Human	Course C	ode/ Cours	e UBSCP103/	UBSCP103/	
	Anatomy Typ				MAJM			
Course 1	Pattern	2024		Version		1.0		
Teaching	g Scheme	8			Assessment	Scheme		
Theory	Practical	Tutorial	Total	Hours	CIA	ESA (End	Practical/	
			Credits		(Continuou	s Semester	Oral	
					Internal	Assessment)		
					Assessment	<del>-  -  </del>		
3	-	-	3	3	40	60	-	
Pre-Req	uisite: XII	Science / X	III Arts — v					
Pre-Requisite: XII Science / XII Arts — with Psychology as Major / Minor  Course Objectives (CO):  The objectives of Fundamentals of Psychology  1. To recall fundamental concepts of human and cell structure.  2. To recognize the classification of tiss organs.  3. To apply knowledge of cell divided understanding the human growth cycle.  4. To analyse theories explaining the physical basis of emotions.  5. To evaluate the anatomy and function cardiovascular system.					tissues and division in hysiological			
Course L	earning Out	comes (CL	0):	1. Identi struct 2. Expla the hu 3. Apply the hu 4. Analy physic	in the classifuman body.  I knowledge man growth orse data relablogical basis returned the digestion of the	cation of tissues and of cell division to expele. The control of t	ad organs in comprehend plaining the	

# (All the units carry equal weightage in Summative Assessment and equal engagement)

Descriptors/Topics	CLO	Hours
UNIT I		
<b>Introduction to Human Anatomy and Cell Structure:</b> Meaning and Definition of cell, tissues, organ, organ system, Classification of tissues, Cell division and its application in Human growth cycle	CLO 1	09
UNIT II		
<b>Introduction to Hematology:</b> Definition and types of Emotion, Basic difference in emotions, feelings, and mood, Brain chemicals and emotions, Theories - James Lange, Cannon Bard theory, Schechter Singer theory.	CLO 2	09
UNIT III		
<b>Cardiovascular System:</b> Study of heart and Blood vessels, Classification of Carbohydrates, Understanding anatomy of heart and circulation	CLO 3	09



UNIT IV		
<b>Excretory System:</b> Understanding the parts of Excretory system, Structure of Nephron, Major blood vessels involved in kidney function, Properties of URINE, Various diseases related to URINARY Tract	CLO 4	09
UNIT V		
<b>Digestive system and Reproductive system:</b> Definition of digestion, Parts of Digestive system, Various diseases and disorders of gastro intestinal tract, Parts of Reproductive system, Understanding male and female reproductive system	CLO 5	09
Total Hours		45

#### Learning resources

#### Textbooks:

- 3. Waugh, A., & Grant, A. (2010). Ross And Wilson Anatomy and Physiology In Health And Illness (11th ed.). Churchill Livingstone.
- 4. Netter, F. H. (2019). Atlas of Human Anatomy, Professional Edition (7th ed.).

# Reference Books:

- Waugh, A., & Grant, A. (2010). Ross & Wilson Anatomy and Physiology in Health and Illness (11th ed.). Churchill Livingstone.
- 4. Vikraman, N. (2020). Textbook of Human Anatomy & Physiology.

#### Online Resources:

- 1. https://youtu.be/F1jBN00zda8?si=BqR6LTTAOr1ELnq7
- 2. https://youtu.be/0xe1s65IH0w?si=gPXjR2BM6JgJyITp
- 3. https://youtu.be/Wu18mpI 62s?si=HhrrSSQQcCWb2Yb5
- 4. <a href="https://youtu.be/X3TAROotFfM?si=vV\_aOByG5qbS3lch">https://youtu.be/X3TAROotFfM?si=vV\_aOByG5qbS3lch</a>

#### COURSE CURRICULUM



Name of the		BSc Clini		Semester : 1		Level: UG	
Program:		Psychology		7.20 F2.1 F2.1 F		TTD 0 00 10 10 1	1 + 2
Course N	Name	Introduct		Course Code/	Course Type	UBSCP104/M	AJM
		Developn					
C T	N-44	Psycholog	<u> </u>	¥7		1.0	
Course I		2024		Version	1.0		20%
	Scheme	Tutovial	Tata	TTowns	10,0000	sessment Schen	
Theory	Practical	Tutorial	Tota	Hours	CIA	ESA (End Semester	Practical/ Oral
			Cred		(Continuous Internal	Assessment )	Orai
			its		Assessment)	Assessment	
3		1	4	4	40	60	-
Pre-Req	uisite: 2	XII Science	10000	Arts with Psycho	L. Controller Co.	LA DOMANNO D	1 10
	bjectives (C			The objectiv			evelopmental
	-3	).		Psychology are			P
					ecall key th	heories and o	concepts in
						ology, including i	
				physic			cio-emotional
				develo	pment across th	e lifespan.	
				2. To	recognize the	e influence	of genetic,
				enviro	nmental, and	socio-cultural	factors on
				individ	lual developme	nt, and to identif	fy how these
						oing behavior and	
						ntal psychology	
						monstrating an u	
						oncepts manifest	in everyday
					ences and intera		
						indings and meth	
						ology, critically	
						understand the	complexities
					nan developmen		
Course	annie - O	taama- (CT	O):	5. To app Students would		f life span develo	pment.
Course L	earning Out	comes (CL	O).			stages of devel	lonmont and
						stages of devel	
					tand physical pment.	l, social, and	d cognitive
					•	through the psy	chodynamic
				Z. Explai		vioristic, and	Cognitive
				Appro	1988 - January J., 1985 - 1985 - 1985 - 1985 - 1985 - 1985 - 1985 - 1985 - 1985 - 1985 - 1985 - 1985 - 1985 -	ionone, and	Cognitive
						Prenatal, Perinata	al Antenatal
				1515 5	stnatal develop		,
				4. Analyz			, language
						nd Psychosocial	
				Author Conference Conference		ife span developi	
						to Late adulthood	



(All the units carry equal weightage in Summative Assessment and equal engagement)

Descriptors/Topics	CLO	Hours
UNIT I		
Life Span Development: Issues in Human Development, Stages of	CL01	9
Development, Concept of Life Span Development, Characteristic of Life		
Span Development, Significant Facts about Development, Theories of Child		
Development		
UNIT II		
Theories of Human Development: Psychodynamic Theories, Humanistic	CLO2	9
Theories, Behaviouristic Theories, Cognitive Theories		
UNIT III		
Prenatal. Perinatal, Antenatal & Postnatal Development:Prenatal	CLO3	9
Development, Issues in Development, Principles of Development, Prenatal		17.
Period, Postnatal Period		/
UNIT IV		
Perceptual, Language, Physical, Motor & Psychosocial and	CLO4	9
moral development: Cognitive Development		
Language, Development, Physical Development & Motor		
Development, Psychosocial and moral development		
UNIT V		
Development across the lifespan: Early Childhood, Middle Childhood,	CLO5	9
Adolescent, Young Adulthood, Adulthood, Middle Adulthood, Late		
adulthood	1	
Total Hours		45

# **Learning resources**

#### Textbooks:

1. Feldman, R. S. (2006). Development across the life span (4th ed.). Pearson Education New Zealand.

# Reference Books:

1, Elizabeth B. (Elizabeth Bergner), 1898-1988. (1980). Developmental psychology: a life-span approach. New York: McGraw-Hill,

# Online Resources/E-Learning Resources

- 1. http://www.devpsy.org/
- 2. https://courses.lumenlearning.com/suny-hccc-ss-152-1/



Name of the Program: Course Name		BSc Clinical Psychology Introduction to Social Psychology		Semester :	1	Level: UG		
				Course Code/ Course		UBSCP105/MAJM		
Course I	Pattorn	2024	chology	Type Version		1.0		
		2024		version	T	A	21	
	g Scheme	Topics or concer	Manual v as			sessment Scheme	1	
Theory	Practical	Tutorial	Total Credits	Hours	CIA (Continuous Internal Assessment)	ESA (End Semester Assessment )	Practical/ Oral	
2	( <del>7</del> 16	1	3	3	40	60	-	
Pre-Rea	uisite: XII	Science /	XII Arts wi	th Psycholog	v as Major/Min	or	,	
Course Objectives (CO):				The objectives of Introduction to Social Psychology are:  1. To recall key theories and concepts in social psychology, such as social influence, social cognition, and social identity.  2. To recognize the various factors that influence individual behavior within social contexts, including cultural norms, social roles, and situational pressures.  3. To apply social psychological principles to realworld scenarios, such as understanding group dynamics in decision-making or analyzing the impact of social media on behavior.  4. To analyze research findings and methodologies used in social psychology, including experimental designs, surveys, and observational studies.  5. To apply foundational principles of social				
Course L	earning Out	comes (CL)	0):	1. Ide 2. Exp ind elu role 3. Ap bel cor 4. An gro 5. Ap	plain the various ividual behavior cidating the roses, and situation ply knowledge avior such as compliance.  alyze group dypups on individually key theories	of interpersonal conformity and mamics and the tuals. es of Social Psycor, Health, Law,	fluence contexts, rms, social l impact of hology to	



Name of the	BSc Clinical	Semester: 1	Level: UG	
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(All the units carry equal weightage in Summative Assessment and equal engagement)

Descriptors/Topics	CLO	Hours
UNIT I		
Fundamentals of Social Psychology: Meaning and Definition of Social	CLO 1	9
Psychology, Significance of Social Psychology, ABC'S of Social		
Psychology, Social Neuroscience, Research Methods in Social		
Psychology: Systematic Observation, Correlational, Experimental Method,		
Meta-Analysis		
UNIT II		
Understanding and evaluating the social world: Social Cognition-	CLO 2	9
Heuristics, Schemas, Errors in Social Cognition; Social Perception- Non		
verbal Communication, Attributions ,Impression Formation and		
Management, Attitude- Behavior Link (Stereotypes and Discrimination)		1
UNIT III		
Interpersonal Behavior: Interpersonal Attraction, Social Influence:	CLO3	9
Conformity and Compliance, Pro-Social Behavior		
UNIT IV		
Groups and Individuals: Why do we join groups? Effects of the	CLO4	9
presence of others, Co-operation and Conflicts in groups		1
UNIT V		
Applications of Social Psychology: Applying Social Psychology to	CLO5	9
Consumer Behaviour, Health, Law, Environment	1	
Total Hours	1	45

# **Learning resources**

#### Textbooks:

- 1.Baron, R. A., & Branscombe, N. R. (2017). Social Psychology (14th ed.). Pearson Education India.
- 2.Baumeister, R. F., & Bushman, B. J. (2008). Social psychology and human nature (Annotated instructor's ed.). Thomson Wadsworth.

#### Reference Books:

1.Baron, R. A., & Branscombe, N. R. (2009). Social Psychology (Mumbai University) (12th ed., with CD). Pearson Education India.

# Online Resources/E-Learning Resources

- 1. https://youtu.be/TYIh4MkcfJA?si=ofxnmFQxODfXuLhp
- 2. https://youtu.be/cw3e\_XFIeQI?si=kmiGR1H4B61zVpa3
- 3. https://youtu.be/9X68dm92HVI
- 4. https://www.socialpsychology.org/teach/videos/sp-online.html



Progran	a:	Psycholog	gy				
Course Name				The property of the property o	ode/ Course	UBSCP106 /M	АЈМ
Course 1	Pattorn	2024	ucs	Type Version		1.0	
		2024		version	1	sessment Schem	
	g Scheme Practical	Tutovial	Total	House	CIA		Practical
Theory	Practical	Tutorial	Credits	Hours	(Continuous Internal Assessment)	ESA (End Semester Assessment )	Oral
3	rea	-	3	3	40	60	-
Pre-Req	uisite: X	I Science/	XII Arts wi	th Psycholog	y as Major/Min	or	
				iss 2. To ind con 3. To un soo ger 4. To air 5. To int foo con	recognize the lividuals and context of India. apply psycholo derstand the rocial issues such ander-based viole analyze the ened at addressing evaluate the derventions targetus on their pasiderations.	ffectiveness of	al issues or cularly in the d concepts to rpetuation or narriage, and interventions mentation or ues, with a
Course I	earning Out	comes (CL	O):	1. Ide of 2. Ex um Vi 3. Ap and Po Ab 4. Ex cor 5. An the soc	various social is plain the psychological plain the psychological plain the psychological plain the cause minunalism, and alyze data and electiveness	ological theories of perpetuation and Vomen. of psychological causes and consyment, Brain Drawes and impact youth agitation. empirical evident of intervention onsidering cultures.	and concept impact of principles to sequences of in, and Drug of casteism ce related to us targeting ral context

socioeconomic

considerations.

factors,

and

ethical



(All the units carry equal weightage in Summative Assessment and equal engagement)

Descriptors/Topics	CLO	Hours
UNIT I		
Introduction: Psychology and its applications in various contexts, Influence of society and culture on individual development, Bronfenbrenner's Bioecological model of development	CLO1	9
UNIT II		
Social Issues in India: Violence against Women: Overview of Causes and Impact of the following social issues: Gender-Based Violence – Definition, types of GBV, impact of GBV on woman, society, Dowrydefinition, causes and impact on society, Child marriage- causes and impact; Laws in India to prevent GBV, dowry and child marraige UNIT III	CLO2	9
Social Issues in India: Causes and Impact of the following social issues - Poverty- cause of Poverty in India, Impact of Poverty on society and economic development, Govt. Schemes and provisions to counter Poverty: Unemployment- types of unemployment, causes and impact on society and development Criminal behavior, Brain Drain- causes and impact, Drug Abuse- nature and impact of abusable drugs, extent of drug abuse in India, Theories of causation, Drug control and prevention	CLO3	9
Social Issues in India: Causes and Impact of the casteism- backward class, tribes and classes, the reservation policy, communal violence- concept of communalism, theories of communal violence, youth unrest and agitation- types of youth agitation, causes of Agitation	CL04	9
UNIT V		
Interventions: What are the Interventions, Types of Interventions, Design and Implementation, Impact analysis / Evaluation and its Types	CLO5	9
Total Hours		45

#### **Learning resources**

#### Textbooks:

- 1. Ahuja, R. (1997). Social Problems in India (2nd ed., revised). Rawat Publications.
- 2. Ghosh, B. (1988). Contemporary Social Problems of India. Himalaya Publishing House.

#### Reference Books:

1. Baumeister, R. F., & Bushman, B. J. (2013). Social Psychology and Human Nature (3rd ed., illustrated). Wadsworth.

## Online Resources/E-Learning Resources

- 1. https://youtu.be/sT0fnVjYCw4?si=FmN09wImJ4JVUtEk
- 2. https://youtu.be/ZmPDKc7nvPk?si= ToItNmay27dITOf
- 3. https://youtu.be/Z6sOmuXgq-c?si=V2TA4gLPGYxX2\_XH
- 4. https://youtu.be/A3H4M3PcV8M?si=C7va7durKttS4u7E



Name of the Program: Course Name		Psychology Food Psychology		Semester :	1	Level: UG		
				Course Co Type	de/ Course	UBSCP 107 /C	ЭE	
Course 1	Pattern	2024		Version		1.0		
Teaching	g Scheme				As	sessment Scheme		
Theory	Practical	Tutorial	Total Credits	Hours	CIA (Continuous Internal Assessment)	ESA (End Semester Assessment)	Practical/ Oral	
2		-	2	2	50	14. 15 <del>5</del> 4	-	
				s with Psychology as Major/Minor  The objectives of Food Psychology course are:  1. To understand the psychology of eating behavior.  2. Analyzing perception towards taste and foo preferences.  3. Understanding various eating disorders and foo behavioral issues.  4. Exploring role of Psychology in mindful eating behavior  5. Analyzing food marketing and consumer behavior.				
Course L	earning Out	comes (CL	0):	Students would be able to understand and apply:  1. The knowledge of food preferences with psychology  2. Interconnection between psychology and eating behavior.				

3. Various hormones that influence eating

4. Assess cognitive and behavioral aspects of food

5. Analyze current food marketing trends and

behavior.

consumer behavior

choice.

Descriptors/Topics	CLO	Hours
UNIT I		
Introduction to Food Psychology: Meaning and Definition of Food Psychology, Relationship between food and Human behavior, Understanding emotions and thoughts.	CLO1	6
UNIT II		
<b>Food Preferences and Taste Perception</b> : Understanding Sensory attributes, Role of Culture and Past experiences in food preferences, Understanding the types of taste buds And their working	CLO2	6
UNIT III		
<b>Body Image and Eating disorders :</b> Types of body Type, Understanding Body Imaging and relation between food consumption, Introduction on Various types of eating disorders	CLO3	6
UNIT IV		
Food Marketing and Consumer Behavior: Understanding the consumer behavior	CLO4	6



and due to various marketing strategies.		
Nutrition labelling		
UNIT V		
<b>Intervention Strategies</b> : Developing successful intervention to improve Emotional eating and Mental Health.	CLO5	6
Total Hours		30

# Learning resources

#### Textbooks:

1. Lyman, B. (2012). A Psychology of Food: More Than a Matter of Taste. Springer Netherlands

# Reference Books:

- 1. Shepherd, R., & Raats, M. (2006). The Psychology of Food Choice. CABI.
- 2. Cargill, K. (2015). The Psychology of Overeating: Food and the Culture of Consumerism . Bloomsbury Academic.

# Online Resources/E-Learning Resources

- 1.https://youtu.be/8lkhpkcfMjI?si=M8seWw2FcP25PtJe
- 2.https://youtu.be/Wth5CSX7 hQ?si=JglQx fEhTiGyKSv



Name of the Program: BSc Nutri		BSc Nutritio	tion and Dietetics		Semest	Semester		
Course	Name	Understand	ng Fitness		Course C	ode	UBSND	108 /OE
Course	Pattern		2024		Versio	n	1.0	
		<b>Teaching Sch</b>	eme			Assessme	nt Scher	ne
Theory	Practic	al Tutoria	l Total Credits	Hrs	CIA (Continuous Internal Assessment)	ESA (I Semest Assess)	er	Practical/Oral
02	0	00	02	02	50	1-		
Pre-Req	uisite: N	one	**			700 700		
			and i 4. To u on 1 work 5. To u fitnes	nterpret nderstar nealth shops of anderstar ss.	the results in term nd the benefits of through skilled in Aerobics, Zumband the basics of nu	s of its hear exercise & based expand and Yoga	Ith implic increase periential	rements and WHR ations.  d physical activity learning through diet for health and
	Learning		Students woul					
Outcom	es (CLO)	):	<ol> <li>To rece exercis</li> <li>To dev creatin exercis</li> <li>To lear differe such as</li> </ol>	se physical se phy	ills in setting realis plans, and mainta	culoskeleta tic and ach ining moti effective ex d population ation, and t	nievable fi vation and kercise prons, consid ype of act	tness goals, d adherence to ograms tailored to dering principles

(All the units carry equal weightage in Summative Assessment and equal engagement)

Descriptors/Topics	CLO	Hours
UNIT I		
Introduction To Health and Physical Fitness - Definitions of health and Physical fitness Benefits of increased physical activity - improved health, improved sense of wellbeing, improved appearance, enhanced social life, increased stamina		6
UNIT II		
<b>Human Muscle Anatomy</b> -Basic structure of a muscle with the help of a diagram Functions and locations of muscles in the body - muscle groups	CLO 2	6



(only names) –Major skeletal muscles		
UNIT III		£
<b>Basics of Exercise Regime -</b> FITT formula – Frequency, Intensity, Time & Type of exercises for fitness Warm up exercises - Cool down exercises	CLO 3	6
UNIT IV		
<b>Types of Exercises</b> - Benefits of regular and adequate exercise - Types of exercises and health benefits with suitable examples. Aerobic exercises Anaerobic exercises Flexibility exercises	CLO 4	6
UNIT V	CLO 5	6
Fitness and Nutrition: Introduction to nutrients, Role of Supplements,		
Hydration Therapy		
Total Hours		30 hours

#### Learning resources

# Textbooks:

- Tanushree Podder :Fit & Fine In Body And Mind , Pustak Mahal, Dehli, India, 2001
- Brian J. Sharkey, PhD, Steven E. Gaskill, PhD, University of Montana: Fitness And Health,7th Edition, Human Kinetics,USA, 2013Page 5 of 6

#### References:

- Alton L. Thgerson & Steven M. Thygerson: Fit To Be Well Essential Concepts, SecondEdition, Jones And Barlett Publishers, Canada, 2009
- Melvin H. Williams, Old Dominion University: Nutrition For Health, Fitness & Sport, SixthEdition, Mcgraw-Hill, Boston, 2002
- Padmakshan Padmanabhan: Handbook of Health and Fitness, Indus source books, Mumbai, India, 2014

#### Online Resources

- Physical activity and Health: https://www.cdc.gov/nccdphp/sgr/pdf/execsumm.pdf
- Effect of Exercise on Individual's Health: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1470658/
- Exercises and Metabolic Syndrome: <a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3737927/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3737927/</a>



Name of the Program: Course Name		BSc Clinical Psychology Basics of Computer Applications		Semester: 1		Level: UG	
				Course Code Type	e/ Course	UBSCP 108/	SEC
Course 1	Pattern	2024		Version		1.0	
Teachin	g Scheme						
				-	T	sessment Sche	ACUTACO .
Theory	Practical	Tuto rial	Total Credits	Hours	CIA (Continuous	ESA (End Semester	Practical/ Oral
					Internal Assessment)	Assessment )	
	1	22	1	2	25		25
Pre-Req	uisite: Noi	ne					
				and inp 2. To reco 3. To und 4. To c present 5. To app.	ut/output device of the various of t	ous functions of etions of Micros	the Computer soft excel Powerpoint
Course I	earning Out	comes (	CLO):	1. Identif system, and inp 2. Explair system, informa 3. Create effectiv 4. Apply I spreads 5. Apply I	including CP ut/output device the various including ation, and facili Microsoft Power representations Microsoft Exces heets.	functions of processing tating communityerPoint and lead to create and the Microsoft Word	orage devices, the computer data, storing ication. earn the art of manipulate



#### Practical Plan

Assignme nt/Practic al/Activity Number	Assignment/Practical/Activity Title	Week Numbe r/Turn	Details	CLO	Hours
1	Practical 1:Identify the peripherals of a computer, components in a CPU and its functions.	Week 1	1.3 Draw the block diagram of the CPU along with the configuration of each peripheral	CLO1	6
2.	Practical 2:- Create project certificate using Microsoft Word	Week 2	1.4 Features to be covered:- Formatting Fonts, Drop Cap, Applying Text effects, Using Character Spacing, Borders and Colors, Inserting Header and Footer, Using Date	CLO2	6
3.	Practical 3:- Creating project abstract	Week 3	Features to be covered:-Formatting Styles, Inserting table, Bullets and Numbering, Changing Text Direction, Cell alignment, Footnote, Hyperlink, Symbols, Spell Check, Track Changes	CLO3	6
4.	Practical 4: Using Excel to create a scheduler	Week 4	Accessing, overview of toolbars, saving spread sheet files, Using help and resources Gridlines, Format Cells, Summation, auto fill, Formatting Text	CLO4	6
5.	Practical 5: Creating Power Point	Week 5	Student should work on basic power point utilities PPT Orientation, Slide Layouts, Inserting Text, Formatting Text, Bullets and Numbering, AutoShapes, Lines and Arrows ,Hyperlinks, Inserting Images, Tables and charts .	CLO5	6
	TOTAL HOURS				30

# Learning resources

## Textbooks:

1. Wallace Wang. 2016. Absolute Beginners Guide to Computing (1st. ed.). Apress, USA

#### Reference Books:

1.Bernstein, J. (2018). Computers Made Easy: From Dummy to Geek (Book 1 of Computers Made Easy Series). Independently Published.

# Online Resources/E-Learning Resources

- 1. https://youtu.be/iggvA8-Or1w?si=RnxZMuNJWzADSm57
- 2. https://youtu.be/HB4I2CgkcCo?si=H7tVvO0puWaV7hOa
- 3. https://youtu.be/16fZZXexZuE?si=QauuL9g1VYnbbFTb



Name of the Program: Course Name		B.Tech/B.B.A/B.C. A/B.Sc/B.Pham		Semester :	1/2	Level: UG	
		UHV-I: Profession Ethics		Course Co Type	de/ Course	ACUHV101/AC	
Course l	Pattern	2024		Version		1.0	
	g Scheme					sessment Schen	
Theory	Practical	Tutorial	Total Credits	Hours	CIA (Continuous Internal Assessment)	ESA (End Semester Assessment)	Practical/ Oral
2	0	0	0	2	50	1224	=
Pre-Req	uisite: UI	IV-I				<b>A</b>	
				2. To be a second of the secon	ethical behavior expose the stud followed in prof sensitize the st sons who will en they pursue t make students losophical appro make stu consibility and o	udents to become uphold ethics i heir career understand Psych	al practices to e responsible in profession nological and and social
Course I	earning Out	comes (CL	O):	1. Equation most series and series from the most se	ral, professional derstand the ne fession The lear king skills. Sine their by chological and pess the need for economy. The miselves and the miselves are miselves and the miselves and the miselves and the miselves are miselves are miselves and the miselves are mi	with an under and personal valued of ethics in structures will hone the usiness ethics philosophical per a balance between the abolic transport of the personal perso	lues. shaping their neir decision- based on espective. veen ecology, erstanding of ve in and the



#### Contents/Syllabus:

(All the Practical's carry equal weightage in Summative Assessment and equal engagement)

Descriptors/Topics	CLO	Hours
UNIT I		
Individual and Professional Ethics: Introduction to Professional Ethics, Morals, Values and Ethics – Personal and Professional- Sensé of Professional Ethics – Code of Ethics by NSPE-Making decisions with ethical dimensions—definition—roadmap to ethical decision making—common standards—internal obstacles – bias – empathy	CLO 1	6
UNIT II		
<b>Business Ethics:</b> Philosophical approaches to Business Ethics — ethical reasoning — ethical issues in business - Social Responsibility of Business-conflict of interest—cultural relativism-Ethical Leadership-Resisting unethical authority and domination-Global Business Ethics	CLO 2	6
UNIT III		
Psychological Approaches: Ethical Theories-Psychological and Philosophical Approaches-Myths about Morality-conflict of interest in psychological perspective - Courage-Integrity - ethical dilemma - Emotional Intelligence (Mahabharata- Iskcon Publications)	CLO 3	6
UNIT IV		
Workplace Ethics: Ethics in changing domains of Research-academic integrity-intellectual honesty-Role of Engineers and Managers-Ethical issues in Diverse workplace – competition – free will- Confidentiality – employee rights – Intellectual property rights – discrimination	CLO 4	6
UNIT V		
Safety, Responsibilities and Rights: Ecology, and Economy-Risk benefit analysis and reducing risk SDGs-Corporate social responsibility and Corporate Sustainability - CSR in India - Sustainability Case Studies	CLO 5	6
Total Hours		30

# **Learning resources**

## Textbooks:

- 1. Subramanian. R. Professional Ethics, Oxford Publication, 2013.
- 2. Nagarasan. R. S. Professional Ethics and Human Values. New Age International Publications, 2006.

# Reference Book:

 Mike W Martin and Roland Schinzinger, Ethics in Engineering, 4th edition, Tata McGraw Hill Publishing Company Pvt Ltd, New Delhi, 2014

#### Online Resources/E-Learning Resources

1. https://www.nspe.org/resources/ethics/code-ethics



- Learn | Graw | Achieve
- 2. https://www.toolshero.com/tag/ethical-decision-making/
- 3. <a href="https://pagecentertraining.psu.edu/public-relations-ethics/introduction-to-public-relations-ethics/lesson-1/ethical-theories/">https://pagecentertraining.psu.edu/public-relations-ethics/introduction-to-public-relations-ethics/lesson-1/ethical-theories/</a>
- 4. https://peer.asee.org/case-studies-in-engineering-ethics.pdf

#### **CIA Guidelines**

Online Quiz (Based on MCQ)- 20 marks

Activity (with short Report Submission) - 20 Marks

Academic Sincerity - 10 marks

Few of the suggested activities are Assignments, Debates, Poster presentations, Model making, Group presentation, Field visits and Group Discussions.

Few of suggested topics related to UHV1- Professional Ethics are:

# **Debate Topics**

- Ethical Approach versus Realistic Approach
- Individual and Social Approach
- Dilemma between heart and Mind

#### Activity

Analyze the wastage (Electricity or any other) at work place? How you managed.

#### Assignment

- Analyze the code of ethics at work place
- If you fulfil the duties, rights will automatically fall in place. Justify the statement

#### References:

#### https://www.aicte-

india.org/sites/default/files/Model\_Curriculum/Minor%20Degree%20in%20Universal%20Human%20Values%20(UHV).pdf

https://uhv.org.in/

https://vvce.ac.in/wp-content/uploads/2021/04/Realising-Aspirations-of-NEP2020-UHV.pdf



Name of the Program: Course Name		B.ScClinical Psychology  MODERN GRAMMAR AND USAGE		Semester : I  Course Code/ Course Type		Level: UG		
						USLAE107/AEC		
Course 1	Pattern	2024		Version		1.0		
Teachin	g Scheme				Assessment Sc	heme		
Theory	Practical	Tutorial	Total Credit s	Hours	CIA (Continuous Internal Assessment)	ESA (End Semester Assessment )	Practical/Ora	
2	- \	-	-	30	50	-/	1 12 12 13 14 14 14 14 14 14 14 14 14 14 14 14 14	
Pre-Req	uisite:							
Course C	objectives (C	20):		are: 1. To im 2. To co 3. To fai 4. To co 5. To foo	part basic knowled	students to express	nmar. niage	



Descriptors/Topics	CLO	Hours
UNIT 1		
<b>Basics:</b> Parts of Speech-Nouns, Articles, Pronouns, Adjectives, Adverbs, prepositions, Conjunctions, interjections. Forms of Be, Tenses, Reported speech, and their usage	CL01	06
UNIT 2		
Syntax: Sentence, phrase, clause structures, coordination and subordination	CLO2	06
UNIT 3		
Usage Issues in Modern English Grammar: Punctuation, verb forms, Subject-verb agreement, Pronoun-Antecedent agreement, Auxiliaries, Adjective-Adverb Confusions	CLO3	06
UNIT 4		
Common Errors in English: Dangling construction, Parallel construction, American vs. British, Errors in common expressions, Errors by Non-Native students	CLO4	06
UNIT 5	7	
Style and composition: Emphasis, Clarity, Concision and Consistency, Forms of writing	CLO5	06
Total Hours	I.	30

#### Learning Resources:

# Textbooks:

- 1. Green, David.. 2014. Contemporary English Grammar—Structures and Composition. Hyderabad: Macmillan
- 2. Narayanaswamy, K. R. 2003. Success with Grammar and Composition. Hyderabad: Orient Longman

# Reference Books:

1. Bas Aarts. 2011.Oxford Modern English Grammar. Oxford University Press, Oxford.

# Online Resources/E-Learning Resources

- 1. https://en.wikipedia.org/wiki/Modern\_English
- 2. https://www.britannica.com/topic/English-language/Characteristics-of-Modern-English



# SEMESTER - II

# **COURSE STRUCTURE**



Name Progran	of the n:	BSc CP		Semester :	2	Level: UG		
Course I		Understan Human Ps		Course C Type	ode/ Course	UBSCP109 / MAJM		
Course 1	Pattern	2024		Version		1.0		
Teaching Scheme				Assessment S	cheme			
Theory	Practical	Tutorial	Total Credits	Hours	CIA (Continuous Internal Assessment)	ESA (End Semester Assessment)	Practical/ Oral	
3	-	1	4	4	40	60	n=1	
Pre-Req	uisite: XII	Science / Y	III Arts —	with Psychol	ogy as Major /	Minor		
	earning Out		O):	are:  1. To read and processes analyze example	call the fundar occesses associa ecognize the very, consciousnes apply knowled ting, conscious e and interprobles. In alyze factors ting, conscious es and concesses in understand to learn it to lear	ental concepts a ng, memory, otivation. edge of learning sness, and motivation dess, and motivations, and motivations from their needs, drive theories.	definitions, rocesses. of learning, a, the processes of learning, a, the processes of learning, a, the processes of learning, a, the process of learning and the process of sychological vior and theories forgetting, and factors forgetting, the process of the pro	



#### Contents/Syllabus:

(All the units carry equal weightage in Summative Assessment and equal engagement)

Descriptors/Topics	CLO	Hours
UNIT I		
<b>Fundamentals of Learning:</b> Definition, meaning and process of learning, Theories of learning – (trial and error, insight, observational classical conditioning, and operant conditioning), Reinforcement and types, Factors affecting learning.	CLO 1	09
UNIT II		
<b>Memory</b> : Memory – definition, process of memory, Types of memory , Biological basis of memory , Theories ( Working memory, Tuvling model of memory), Factors affecting memory	CLO 2	09
UNIT III		
<b>Forgetting:</b> Forgetting – Definition Reasons, Forgetting Curve ,Factors affecting forgetting, Theory of retrieval, Theory of interference, Theory of trace decay	CLO 3	09
UNIT IV		
Consciousness: Meaning , Level of consciousness, altered state of consciousness, Sleep — Stages of sleep, stage of dreaming and its importance, Theories — Adaptive , Restorative, Sleep Disorders — Introduction	CLO 4	09
UNIT V		
<b>Motivation:</b> Definition and meaning of Motivation, Needs and drive, Theories – Drive and Incentive, Motivation cycle, Types of motive, Conflicts of motive, Frustration	CLO 5	09
Total Hours	1	45

# Learning resources

#### Textbooks:

- 1. Ciccarelli, S. K., & White, J. N. (2017). Psychology: An Exploration (4th ed.). Pearson Education.
- 2. Morgan, C. T., & King, R. A. (2017). Introduction to Psychology: McGraw-Hill.

#### Reference Books:

- 1. Sternberg, R.J., Sternberg, K., and Jeff, M. (2011). Cognitive Psychology. Wadsworth.
- 2. Farmer, T. A., & Matlin, M. W. (2019). Cognition. John Wiley & Sons.

#### Online Resources/E-Learning Resources:

- 1. https://youtu.be/XHIhkM1cAv4?feature=shared
- 2. https://youtu.be/imkbuKomPXI?feature=shared
- 3. https://youtu.be/PFQyM7rdPsk?si=EoVtxQjNzcjnaLKa
- 4. https://youtu.be/woa2Qa8i80U?si=GzFdNs6otjWEzAuE
- 5. https://www.structural-learning.com/post/theories-of-motivation



# COURSE CURRICULUM

Name of the		BSc Clini	cal	Semester :	2	Level: UG	
Program:		Psycholog	gy				
Course Nan	1e	Health Psychology		Course Code/ Course Type		UBSCP110/M	AJM
Course Patt	ern	2024		Version		1.0	
Teaching Sc		2		Assessment Scheme			
Theory Pr	actical	Tutorial	Total Credits	Hours	CIA (Continuous Internal Assessment)	ESA (End Semester Assessment )	Practical/ Oral
3 -		. <del>-</del>	3	3	40	60	-
Pre-Requisi	te:	XII Scienc	e / XII Arts	with Psycho	logy as Major/l	Minor	1
Course Learn			0):	1. To respond head and some syntax sy	recall and recognized, so the search outcomes. Analyze the interviors on public Apply psychol then aviors on public apply various tended and the influence of the search outcomes of the search outcomes, its assess of the search outcomes.	fluence of health health issues. ogical principles chaviors. vledge from multihealth issues. chniques for manimpact of ial, and cultural is. ence of health chealth issues, in vention and health of psychological ress, and a oping techniques is that contribute essment and manactiveness of CA	of biological determinants of beliefs and to promote iple domains haging health biological, determinants beliefs and acluding their opponention. It aspects that apply stress to metabolic agement



#### Contents/Syllabus:

(All the units carry equal weightage in Summative Assessment and equal engagement)

Descriptors/Topics	CLO	Hours
UNIT I		
Introduction to Health Psychology: Definition of Health Psychology; Mind –	CLO 1	9
Body Relationship- A brief History; Biopsychosocial Model; Emergence of		
Health Psychology; Goals of Health Psychology; Overview of the systems of the		
body.		
UNIT II		
Health Behavior and Health Promotion: Theories of Health Behaviors;	CLO 2	9
Motivational Models; Behavioral Enactment Models; Multi-stage models;		1
Health Promotion – overview; Barriers to Modifying Poor Health Behaviors;		
Levels of Preventive Health Behavior; Health Promoting & Compromising		
Behaviors		
UNIT III		
Stress: Definition; Physiology of stress; Theories of Stress; Sources of chronic	CLO3	9
stress; Moderators of Stress-Personality; Coping with stress; Stress Management &	4	
its Techniques		
UNIT IV		
Management of Chronic Diseases: Metabolic Syndromes-	CLO4	9
Definition of Metabolic Syndromes, Risk factors for Metabolic Syndromes,	1	
Assessment of Metabolic syndromes, HIV AIDS, Cancer		
UNIT V		
Patient, Provider and Treatments: Health Care Services ,Patient-Provider	CLO5	9
Communication, Increasing Adherence to Treatment ,Complementary and		
Alternative Medicines		
Total Hours		
		45

# **Learning resources**

#### Textbooks:

- 1. . Taylor, S. E. (2010). Health psychology.
- 2. Ghosh, M. (2014). Health Psychology: Concepts in Health and Well-being. Pearson Education India

#### Reference Books:

1. Murphy, R. E. (Ed.). (2010). *Health Psychology* (Psychology of Emotions, Motivations, and Actions Series, Public Health in the 21st Century Series, illustrated). Nova Science Publishers.

# Online Resources/E-Learning Resources

- 1.A Critique of the Idea of Individual Responsibility: Sugar -- the Elephant in the Kitchen: Robert Lustig at TEDxBermuda 2013https://youtu.be/gmC4Rm5cpOI?si=rhDbpG7KkS2HXQCE
- 2.InBrief: The Science of Neglecthttps://youtu.be/bF3j5UVCSCA?si=7GIzoTJpQmbhpyGf
- 3. Reversing Coronary Heart Disease <a href="https://www.youtube.com/watch?v=rhUin0t1SdY">https://www.youtube.com/watch?v=rhUin0t1SdY</a>
- 4.HIV Stigma https://www.youtube.com/watch?v=UV5uv0589Ec
- PCET's PCU/School of Sciences/ BSc. Clinical Psychology/2024 Pattern



5.Do you agree with Euthanasia? - <a href="https://www.youtube.com/watch?v=6RKTuDYp6M8">https://www.youtube.com/watch?v=6RKTuDYp6M8</a>

Name of the Program:		BSc C Psycho		Semester : 2 Level: UG				
Course I	Name	Health Psycho	ology- Lab	Course Code Type	/ Course UBSCP111/MAJM			
Course 1	Pattern	2024		Version	n 1.0			
Teaching	g Scheme			Assessment Scheme			ie	
Theory	Practical	Tuto rial	Total Credits	Hours	CIA (Continuous Internal Assessment)	ESA (End Semester Assessment )	Practical/ Oral	
5#87	1	-	1	2	25	- /	25	
Pre-Req	uisite:	XII S	cience / XII .	Arts with Psych	ology as Major	/ Minor		
Course Objectives (CO):				1. To reca psychol health of 2. To under psychol 3. To App health-e	Il and recognize ogical, social outcomes. erstand various ogy ly psychological others.	ychology — Lab ge the impact of l and cultural dete research method al principles to p viors. geness of various	piological, erminants on ls in health romote	
Course I	earning Out	comes (	CI 0).	5. To synt	hesize knowled complex health	lge from multiple h issues.	e domains to	

Pimpri Chinchwad University	
Learn I Grow J. A <u>chieye</u>	<ol> <li>Identify psychological factors influencing a patient's health condition.</li> <li>Conduct minor research projects</li> <li>Apply psychological principles to organize health promotion campaigns.</li> <li>Analyze the effectiveness of various alternative management and medicines.</li> <li>Assess stress and understand its coping techniques.</li> </ol>

(All the Practical's carry equal weightage in Summative Assessment and equal engagement)

#### **Practical Plan**

Assignme nt/Practic al/Activity Number	Assignment/Practical/Activity Title	Week Number/Turn	Details	CLO	Hours
1	Practical 1: To analyze the psychological factors influencing a patient's	Week 1/Turn 2	1.1 Understanding the biopsychosocial model and its applications	CLO1	2
	health condition.	Week 2	1.2 Analysing the factors affecting patient's health		2
		Week 3	1.3 Writing case history.		2
2.	Practical 2:To administer a health psychology	Week 4	2.1Introduction to Life Satisfaction Scale	CLO 2	2
	survey.	Week 5	2.2 Administration of Scale		2
		Week 6	2.3 Interpretation of Scale		2
3.	Practical 3:To organize a health promotion campaign	Week 7	3.1 Selection of theme, components for health promotion campaign	CLO3	2
		Week8	3.2 Planning strategies, communication channels for health promotion		2
		Week 9	3.3 Organizing campaign and taking feedback		2
4.	Practical 4:To analyze the	Week 10	4.1. Introduction to various CAM	CLO4	2
	effectiveness of Complementaray and Alternative Medicines	Week 11	4.2 Selection of one CAM, and literature review on the same		2
	Atternative Medicines	Week 12	4.3 Presentation of empirical evidence		2
5.	Practical 5:Objective: To evaluate stress and apply stress management	Week13	5.1 Understanding assessment of stress	CL05	2
	techniques in a practical setting.	Week 14	5.2Planning stress reduction strategies to be incorporated in the workshop		2
	M-1	Week 15	5.3Delivering stress management workshop and assessing participant's feedback.		2
			Total		30 hours

# Learning resources

# Textbooks:

- 1. . Taylor, S. E. (2010). Health psychology.
- 2. Ghosh, M. (2014). Health Psychology: Concepts in Health and Well-being. Pearson Education India



	the	BSc CP	Semester : 2	Level: UG	
Program:					

#### Reference Books:

1. Murphy, R. E. (Ed.). (2010). *Health Psychology* (Psychology of Emotions, Motivations, and Actions Series, Public Health in the 21st Century Series, illustrated). Nova Science Publishers.

Online Resources/E-Learning Resources

1.2014 Physical Activity Forum - Get Up, Stand Up: http://youtu.be/IJG4T5LpDzM

2.Robert Sapolsky: The Psychology of Stress https://www.youtube.com/watch?v=bEcdGK4DQSg



Course Name

Cognitive

Credits    Continuous   Semester   Assessment	ctical/ al
Theory Practical Tutorial Credits	
Credits    Credits   Continuous   Internal   Assessment   Assessment	
3 3 3 40 60  Pre-Requisite: XII Science / XII Arts — with Psychology as Major / Minor  Course Objectives (CO):  The objectives of Cognitive Psychology are:  1. To recall fundamental theories and concepts various domains of cognitive psychology.  2. To recognize different research method paradigms employed in cognitive psychology.  3. To apply knowledge of cognitive processes seperception, attention, memory, learning motivation in understanding human behavior.  4. To analyze the interplay between cognitive processes and their impact on decision-in problem-solving, and information processing.  5. To evaluate the current trends and advancem cognitive psychology research, including integration of neuroscience and are intelligence.  Course Learning Outcomes (CLO):  Students would be able to:  1. Identify fundamental theories and concessing fundamental fundame	=
Course Objectives (CO):  The objectives of Cognitive Psychology are:  1. To recall fundamental theories and concepts various domains of cognitive psychology.  2. To recognize different research method paradigms employed in cognitive psychology.  3. To apply knowledge of cognitive processes a perception, attention, memory, learning motivation in understanding human behavior.  4. To analyze the interplay between cognocesses and their impact on decision-more problem-solving, and information processing.  5. To evaluate the current trends and advancem cognitive psychology research, including integration of neuroscience and are intelligence.  Course Learning Outcomes (CLO):  Students would be able to:  1. Identify fundamental theories and concectognitive psychology across various domains.  2. Explain different research methods and paradical concepts.	
Course Objectives (CO):  The objectives of Cognitive Psychology are:  1. To recall fundamental theories and concepts various domains of cognitive psychology.  2. To recognize different research method paradigms employed in cognitive psychology.  3. To apply knowledge of cognitive processes a perception, attention, memory, learning motivation in understanding human behavior.  4. To analyze the interplay between cognocesses and their impact on decision-memory problem-solving, and information processing.  5. To evaluate the current trends and advancem cognitive psychology research, including integration of neuroscience and are intelligence.  Course Learning Outcomes (CLO):  Students would be able to:  1. Identify fundamental theories and concectognitive psychology across various domains.  2. Explain different research methods and paradical concepts.	
<ol> <li>Apply knowledge of cognitive processes sincentives, and self-regulation</li> <li>Apply knowledge of cognitive processes sincentives, and self-regulation</li> <li>Apply knowledge of cognitive processes sincentives, and self-regulation</li> </ol>	s and y. such as g, and ents in g the tificia epts in s. adigms uch as g, and human hology ningfu
Descriptors/Topics CLO Hours	

Course

Code/

Course

UBSCP112

Descriptors/Topics	CLO	Hours
UNIT I		
Introduction to Cognitive Psychology: Emergence and current status, research methods, Domains of cognitive psychology: Neuroscience, Perception, Pattern Recognition, Attention, Consciousness, And Memory. Thinking and Concept Formation, Human intelligence and Artificial Intelligence.	CLO 1	09
UNIT II		
Linkages of Learning and Memory: Fundamental theories of Learning (Thorndike, Guthrie, Hull), Instrumental learning (Phenomena, Paradigms	CLO 2	09



Total Hours		45
Motivation (Concepts, theories and Application): Concept - instincts, needs, drives, arousal, incentives; Theories of motivation (Drive, Incentive, opponent process, optimal, S-R Cognitive); Application of motives (needs, social - achievement, power, aggression, exploratory, sensation seeking, affiliation, power seeking); and Self-regulation and flow.	CLO 5	09
Illusions), pattern recognition, factors of perception (motivation, learning, culture, ecological),  UNIT V		
<b>Perception II:</b> Approaches (Gestalt and physiological), Perceptual Organization (Gestalt, Figure and Ground), Form, depth, Movement, Law of Organization, Perceptual Constancy (Size, Shape, and Colour;	CLO 4	09
UNIT IV		
<b>Perception I</b> : Attention and Perception: Attention: process of attention (signal detection, vigilance, search), Models of attention (selective and divided theories).	CLO 3	09
UNIT III		
and theoretical issues), Verbal learning and Discrimination learning, Fundamental theories of Memory and forgetting Recent trends in learning: Neurophysiology of learning, retention and memory		

#### Learning resources

#### Textbooks:

- 1. Sternberg, R.J., Sternberg, K., and Jeff, M. (2011). Cognitive Psychology. Wadsworth.
- 2. Galotti, K. M. (2017). Cognitive psychology in and out of the laboratory. Sage Publications.

# Reference Books:

1. Kaplan, S. & Kaplan, R. (1982). Cognition and environment. N.Y.: Praeger Publishers

# Online Resources/E-Learning Resources

- $1. \ \ \, \underline{https://mis.kp.ac.rw/admin/admin\_panel/kp\_lms/files/digital/Core\%20Books/Nursing/Cognitive\%20Psychology.p\_df}$
- 2. https://www.canyons.edu/ resources/documents/academics/onlineeducation/Psych126TextbookFinalV1 2.pdf



Name of the Program:		BSc CP		Semester : 1		Level: UG		
Course Name		Cognitive		Course Co	de/ Course	UBSCP113 /		
orecreasial for months.		Psychology - Lab		Туре		MAJM		
Course l	Course Pattern			Version		1.0		
Teachin	g Scheme					5V		
					Ass	essment Scheme		
Theory	Practical	Tuto Total		Hours CIA		ESA (End	Practical/	
		rial	Credits		(Continuou	Semester	Oral	
					s Internal	Assessment)		
					Assessment	College with the College and t		
					)			
(5)	1	-	1	2	25	-	25	
Pre-Req	uisite: XII	Science	/ XII Arts -	with Psycholo	gy as Major /	Minor		
Course Learning Outcomes (CLO):				<ol> <li>To recall fundamental principles underlying cognitive assessment techniques.</li> <li>To recognize the components and procedures involved in cognitive assessment tests.</li> <li>To apply cognitive assessment techniques in administering various tests.</li> <li>To analyze observations and data gathered from cognitive assessment tests.</li> <li>To evaluate the effectiveness of cognitive assessment techniques in understanding cognitive abilities.</li> <li>Students would be able to:         <ol> <li>Able to identify fundamental principles underlying</li> </ol> </li> </ol>				
				Explain cognitiv     Apply techniqu     Analyze cognitiv     Demons identify	knowledge ues in administe data and of re assessment to strate proficien	ts and procedures ests. of cognitive ering various tests observations gatl	assessment hered from	

(All the Practical's carry equal weightage in Summative Assessment and equal engagement)

# **Practical Plan**

	Assignment/Practical/ Activity Title	Week Number/Turn	Details	CLO	Hours
ivity Number					



1	Practical 1: Decoding Rebus	Week 1/Turn 2	1.3 Understanding Decoding Rebus	CLO1	2
2.	Practical 2: Koh's Block	Week 2 Week 3 Week 4	1.2 Performing -Decoding Rebus 1.3 Analysis of the observation 2.1 Understanding Intelligence	CLO 2	2 2 2
2.	Design Test	WCCK 4	2.1 Olderstanding interrigence CLO 2		
		Week 5	2.2 Performing - Koh's Block Design Test		2
_	P 4: 1 2 P: 1 C	1, 23, 100, 100, 100, 100, 100, 100, 100, 10	2.3 Analysis of the observation	CT O 2	0327
3.	Practical 3: Digit Span	Week 7	3.1 Understanding Digit Span	CLO 3	2
	test	Week 8	3.2 performing Digit Span		2 2
		Week 9	3.3 Interpretation of the results		2
4.	Practical 4: Bow and heart puzzle	Week 10	4.1 Understanding Critical Thinking	CLO 4	2
		Week 11	4.2 Performing Bow and heart puzzle		2
		Week 12	4.3 Interpretation of the results		2
5.	Practical 5: Designing an Experiment	Week 13	5.1 Identifying Variables	CLO 5	2
		Week 14	5.2 Designing an Experiment		2
		Week 15	5.3 Interpretation of the results		2
			Total		30 hours

# Learning resources

#### Textbooks:

- 1. Ciccarelli, S. K., & White, J. N. (2017). Psychology: An Exploration (4th ed.). Pearson Education.
- 2. Nunn, J. (1998). Laboratory psychology: A beginner's guide. Hove: Psychology Press Ltd

# Reference Books:

- 1. Galotti, K. M. (2017). Cognitive psychology in and out of the laboratory. Sage Publications.
- 2. Sternberg, R.J., Sternberg, K., and Jeff, M. (2011). Cognitive Psychology. Wadsworth.
- 3. Morgan, C. T., & King, R. A. (2017). Introduction to Psychology: McGraw-Hill
- 4. Mohsin, S. M. (2016). Experiments in psychology. Motilal Banarsidass



# Online Resources/E-Learning Resources:

Name of the	BSc Clinical	Semester : 2	Level: UG	
Program:	Psychology			

- 1. https://www.canyons.edu/\_resources/documents/academics/onlineeducation/Psych126TextbookFinalV1\_2.pdf
- 2. https://ia601307.us.archive.org/16/items/practicalpsychol00hadd/practicalpsychol00hadd.pdf
- 3. <a href="https://hanseysenck.com/wp-content/uploads/2019/12/1976\_eysenck\_wilson\_textbook\_of\_human\_psychology\_lancaster\_mtp\_press.pdf">https://hanseysenck.com/wp-content/uploads/2019/12/1976\_eysenck\_wilson\_textbook\_of\_human\_psychology\_lancaster\_mtp\_press.pdf</a>
- 4. https://ocw.mit.edu/ans7870/9/9.00SC/MIT9\_00SCF11\_text.pdf



		Course Name Introduction Individual Difference Psychology		ual nces in		Course Code/ Course Type		UBSCP 114/MAJM	
	Course l	Pattern	2024	2024		Version		1.0	
	Teachin	g Scheme					Ass	sessment Schem	ie
	Theory	Theory Practical		Total Cred		Hours	CIA (Continuous Internal Assessment)	ESA (End Semester Assessment )	Practical/ Oral
	3	(#)	-	3		3	40	60	
	Pre-Req	uisite:	,						
Course					Psychology are:  1. To recall the foundational concepts of personality and its significance in psychology, including key definitions and historical perspectives.  2. To recognize the various factors influencing personality development, such as genetics, environment, and culture, and their interplay in shaping individual differences.  3. To apply different approaches and theories in studying personality, including psychodynamic, trait, humanistic, cognitive, and social-cognitive perspectives, to analyze real-life case studies.  4. To analyze the role of genetics, environmental factors, and situational influences in shaping individual differences in personality, through critical examination of empirical research and data.  5. To evaluate the strengths and limitations of different theories of intelligence, including psychometric, cognitive, and cultural perspectives, and their implications for understanding human cognition and behavior.				
	Course I	earning Out	comes (CL	O):	Stu	personal and maje 2. Explain psychoa 3. Apply k analyze 4. Analyze influenc 5. Analyze	key concepts ity, including or theoretical pe the development nalytic and neonowledge of, trained interpret read, behavioral and es in the develop	s and theories its definition, d rspectives. nt of personality psychoanalytic a nit, humanistic, co al-world example social learning a pment of persona ntelligence and a	through the pproach. ognitive, , to s. pproach and lity



#### Contents/Syllabus:

(All the units carry equal weightage in Summative Assessment and equal engagement)

Descriptors/Topics	CLO	Hours
UNIT I		
Introduction: Nature of Individual Differences, Measurement of	CLO 1	9
Individual Differences, Applications, Nature of Personality, defining		
personality, Approaches to studying personality: idiographic vs.		
nomothetic,		
UNIT II		
Psychoanalytic approaches: Psychoanalytic theory, Neo	CLO	9
Psychoanalysts- Karen Horney, Carl Jung, Alfred Adler, Erik		
Erikson, Henry Murray		
UNIT III		
Trait approach, Humanistic approach, cognitive theories: Gordon	CLO3	9
Allport, Raymond Cattell, Hans Eyesenck, McRae and Costa; Abraham		
Maslow , Carl Rogers ; George Kelly – Personal Construct Theory		
UNIT IV		
Behavioral theories, social-learning theories; Advances in Personality	CLO4	9
theories: BF Skinner, Albert Bandura, Mark Zuckerman, Martin E		
Seligman		
UNIT V		
Intelligence: Nature of Intelligence, Defining Intelligence, History of	CLO5	9
Intelligence ,Spearman's 2 factor theory, Thurstone's 7 primary abilities		
theory, Cattel's theory, Guilford's theory, Ceci's Bioecological theory of		
intelligence	7	
Total Hours		45

## **Learning resources**

#### Textbooks:

1. Maltby, J., Day, L., & Macaskill, A. (2017). Personality, individual differences and intelligence (Fourth Edition). Pearson.

#### Reference Books:

1. Schultz, D. P., & Schultz, S. E. (2017). Theories of personality (Eleventh edition). Cengage.

## Online Resources/E-Learning Resources

- 1. Carl Jung Personality types: https://www.humanmetrics.com/personality/test
- 2. Carl Jung Archetypes:
- 3. https://youtu.be/wywUQc-4Opk
- 4. Erik Erikson's Stages of Personality Development:
- 5. https://youtu.be/9QXqJYwdU44
- 6. https://youtu.be/G8FU18NkVK4



Name of the	BSc Nutrition and	Semester	2
Program:	Dietetics		
Course Name	Tools for Nutritional Assessment	Course Code	UBSND 117/OE
Course Pattern	2024	Version	01
	Teaching Scheme	Ass	sessment Scheme





Theory	Practical	Tutorial	Total Credits	Hrs	CIA (Continuous Internal Assessment)	ESA (End Semester Assessment )	Practical/Oral
02	00	00	02	02	40	60	
Pre-Req	uisite: XII th	Science	1			7	
Course	Objectives (C	(O): T	<ol> <li>To receive food of the food o</li></ol>	call the diaries, a cognize sment to ply know priate matives alyze dafying paraluate the company of the comp	24-hour recalls, at the names and purols. wledge of nutrition aethod based on the ata collected through atterns or trends in ic measurements	of dietary assessment and food frequency queroses of common a small assessment tools are context, population agh nutritional assess a dietary habits, nutritional	nutritional s to select the most on, and research sment tools, rient intake, or
	Learning es (CLO):	S	assess measi 2. Expla and th 3. Appl appro 4. Analy patter	nts will sment to irements ain the ne prevery know priate myze data ns and t	l be able to ide tols, such as food s, and biochemical relationship between tion or managementedge of nutrition method for specifical collected through rends	diaries, 24-hour reculassessments. reen specific nutriement of diseases. nal assessment tools excenarios	common nutritional calls, anthropometricals, anthropometricals, dietary choices to select the most ment tools to identify ssessment tools

(All the Practical's carry equal weightage in Summative Assessment and equal engagement)

Descriptors/Topics	CLO	Hours
UNIT I		
Introduction to Nutritional Assessment: Definition of Nutritional Assessment and Its importance, Types of Nutritional Assessment Tools, Application of Nutritional Assessment in Case Study Portfolio.		06



<b>Dietary Assessment Tools:</b> Food diaries and records, 24-hour dietary recalls, Food frequency questionnaires, Dietary assessment in special populations <b>UNIT III</b>	CLO 2	06
UNITI		
The second secon		
Anthropometric Measurements: Height, weight, and BMI measurements,	CLO 3	06
Waist-to-hip ratio, Skinfold thickness measurements, Body Composition		
Analysis		
UNIT IV		
	GT O 4	0.0
Biochemical Assessment:Blood tests for nutrient status (e.g., iron, B 12,vitamin D)	CLO 4	06
Interpretation of blood lipid profiles, Hormone Panel Test -Thyroid, Cortisol, Estrogen,	8	
Testosterone, Progesterone, Prolactin	3	
UNIT V		
Clinical Assessment: Physical examination for nutritional status, Assessing	CLO5	06
signs and symptoms of malnutrition, Screening tools for nutritional risk,	and the state of t	
Interpretation of clinical assessment findings		
Total Hours	1	30

## Textbooks:

- Principles of Nutritional AssessmentRosalind S. GibsonOxford University Press, 2005 Health & Fitness 908
  pages
- 2. Williams' Basic Nutrition & Diet Therapy, 16th EditionAuthor: Staci Nix McIntosh

#### Reference Books:

- 1. Jellife DN, Assessment of Nutritional Status of the community.
- 2. Ritchie JA, Teaching Nutrition FAO, 1979.
- 3. Rajalakshmi R, Applied Nutrition, Oxford and JBH Publishers, 1981.
- 4. Devadas RF, Nutrition in Tamil Nadu, Sanfam Publishers, Madras, 1972.
- 5. Mc.Laren S, Nutrition and the community, John Wiley & Sons, 1982.
- 6. Reddy AA, Extension Education, Srilakshmi Press, Baptla, 1971.
- 7. Dahama OP and Bhatnagar OP Eucation and Communication for development.Oxford IBH Publishing Co.,1980.
- 8. Savile AH, Extension in rural communities, Oxford University Press, 1965.

#### Online resources/E resources:

- https://www.cambridge.org/core/services/aop-cambridgecore/content/view/F0732A94E710DBF0AAB2AB2B7D5080E7/S0029665182000597a.pdf/biochemical\_methods\_ in\_nutritional\_assessment.pdf (2024)
- 2. https://www.yumpu.com/en/document/view/65500126/nutrition-through-the-life-cycle-4th-edition-4th-ed

#### COURSE CURRICULUM



Name of	the	BSc Clinic	cal	Semester :	2	Level: UG			
Program	1:	Psycholog	Sy.						
Course I	Name	Sales, Neg and Confl Managem	ict	Course Co Type	de/ Course	UBSCP116/SEC			
Course I	Pattern	2024		Version		1.0			
Teaching	Scheme	J		i.Au	As	sessment Schen	ne		
Theory	Practical	Tutorial	Total Credits	Hours	CIA (Continuous Internal Assessment)	ESA (End Semester Assessment )	Practical/ Oral		
2	0	0	2	2	40	60	NA		
Course C	uisite: 12 <sup>th</sup> S Objectives (C	CO):		sales, 2. To restrate resolu 3. To apscenar resolu 4. To arconfli 5. To evenegoti techni	nt are: call fundamenta negotiations, ar ecognize the si gies, negotiati ation methods. oply theoretical rios, negotiati ation challenges halyze sales dat oct dynamics to raluate the effect iation strategic iques.	concepts to rea	techniques in gement.  ffective sales and conflict  l-world sales and conflict  utcomes, and and insights. s approaches,		
Course L	earning Out	comes (CL	O):	<ol> <li>Student principle skills.</li> <li>Explain diverse</li> <li>Apply effective</li> <li>Analyz approact</li> <li>Evaluate</li> </ol>	les of sales man  a sales strategi selling situation negotiation rely in sales con e conflict typ ches in sales envice conflict res	concepts and texts. es, causes, an	sential selling ecasting, and techniques d resolution es, including		



(All the units carry equal weightage in Summative Assessment and equal engagement)

Descriptors/Topics	CLO	Hours
UNIT I		
Essential Principles of Sales: Understanding Sales Management. Evolution, Nature, Role and Importance of Sales Management. Emerging Trends in Sales Management. Understanding relationship between Sales Management, Personal Selling and Salesmanship. Selling Vs Marketing. Concept of a Sales Job. Qualification needed and Roles played by Sales executive and managers. Understanding selling skills.	CLO 1	6
UNIT II		
Sales in Practice: Strategic Planning, basics of Sales Objectives, Sales Strategies and Tactics. Characteristics of an effective sales plan. Meaning, Usage and types of Sales Forecasts. Sales Forecasting approach, methods and measures for improvement. The selling process. Theories of Selling. Meaning, Process, Method and rationale behind preparing sales budget. Estimating Budget expenses. Defining buyer-seller Dyads. Understanding Models of Salesperson Buyer Dyadic relationship. Diversity of Personal-Selling Situations.	CLO 2	6
UNIT III		
Negotiation and Closure: Introduction, importance, nature and types of negotiation. Negotiation as a Game. Understanding BATNA (Best alternative to a negotiated agreement), ZOPA (zone of possible agreement) ZOCA (Zone of Comfortable agreement), PZone (Profit Zone), WOoNA (Worst Outcome of Negotiated Agreement), AoDR (Axis of Disput Resolution), ED (Exit Domain) and PoNoR (Point of No Return) in Negotiation. Methods and Approaches in Negotiation (Win-Win, Win-Loose and Loose-Loose). Process: Sequence – Phase – Frequency. Managing Process and Tricks of Countering. Barriers to Agreement. Ending the Agreement. Common Mistakes in Actions.	CLO 3	6
UNIT IV		
Navigating Conflict Management: Definition, Types, Nature and Cause of Conflict. Recognizing the Importance of Effectively Managing Conflict in Sales Environments. Competitive and Collaborative Approach to Conflict Resolution. Compromising and Accommodating as a Conflict Management Style. Avoidance in Conflict Resolution.	CLO 4	6
UNIT V		
Strategies for Conflict Resolution: Proactive Measures to Address Issues. The Role of Effective Communication and Finding Common Ground in Conflict Situations. Applying Negotiation Techniques. Mediation and Arbitration.	CLO 5	6
Total Hours		30

## Learning resources

#### Textbooks:

- 1.ABC's Of Relationship Selling Through Service, By Charles M. Futrell, Raj Agnihotri, Mike Krush, PhD, Nicole Rourke, McGraw-Hill 8th Edition
- 2. Sales Management: Analysis and Decision Making, by Thomas N. Ingram, Raymond W. LaForge, Ramon A. Avila, Routledge, 10th Ed, 2019
- 3. The Art of Negotiation in the Business World, by Charles B. Craver, Carolina Academic Press, 2nd Edition

# Reference Books:

- 1. Secrets Of Closing The Sale, by Zig Zigler, Embassy Books (1 January 2016)
- 2. The Art of Negotiation: How to get what you want (every time), by Tim Castle, Known Publishing, 1 March 2018
- 3. CONFLICT MANAGEMENT & ORGANISATIONAL EFFICIENCY, by Dr. Sanjeet Kumar, Bluerose Publishers Pvt. Ltd, First Edition, 19 April 2022



## Online Resources/E-Learning Resources

- 1. How to Influence the Consumer Behavior to Drive Sales by Jonah Berger, by Institution: WOBI (edX)
- 2. Successful Negotiation: Essential Strategies and Skills, University of Michigan (edX)

Name of the Program: Semester : 2 Level: UG										
Course Name		2000	OKEN GLISI		Course Code/ Course USLAE113/AEC Type			C		
Course 1	Pattern	202	24		Version		1.0			
					essment Scheme					
Theory	Practical	Tu	torial	Total	Hours	CIA	ESA (End	Practical/		
42				Credits		(Continuous	Semester	Oral		
						Internal	Assessment )			
			A.			Assessment)	*	4		
2	343	2		2	30	50	84	1528		
Pre-Requisite:										
Course Objectives (CO):					1. To En 2. To 3. To 4. To 5. To	create an amb glish fluently and familiarize stude comprehend Eng enhance English	ents with different glish in real life sit fluency of the stu potentials to succ	speech acts tuations idents		
Course I	earning Out	com	es (CL	O):	1. L. cc 2. Sj 3. U 4. E	isten to English omprehension cap peak English in the se English for praypress themselves roumstances, and	neir life situations actical purpose es fluently in an	vith higher		

3. Conflict Management: Mediation, LouvainX (edX)

# Course Contents/Syllabus:

(All the units carry equal weightage in Summative Assessment and equal engagement)

Descriptors/Topics	CLO	Hours
UNIT I		
<b>English Everywhere</b> : Non- Conventional Pedagogical tools - Mobile, Television, News, Theatre, Famous Speeches, Friends etc.	CLO1	06
UNIT II		
<b>Speech Acts:</b> Greetings, introducing oneself, invitation, making request, expressing gratitude, complimenting and congratulating, expressing sympathy, apologizing, asking for information, seeking permission, complaining and expressing regret, idioms and phrases	CLO2	06
UNIT III		



<b>English in real life situations</b> : At the College office, Library, Department, Bank, Railway station, Post office, Police station, Travel agency, Interview	CLO3	06
UNIT IV		
<b>Fluency Development</b> : Vocabulary enhancement, Conversation skills, Role play, Commentary etc.	CLO4	06
UNIT V		
<b>Speaking skills:</b> Presentation skills, Public Speaking skills, GD skills, Interview skills, independent practice: Listening to BBC, CNN and paying attention to idiomatic usage of the language and different accent for speech acts that are used, Watch and appreciate English movies.	CLO5	06
Total Hours	J.	30

#### Textbooks:

- Collins, Stevens. Practical Everyday English: A Self-study Method of Spoken English for Upper Intermediate and Advanced Students. Montserrat Publishing; 5th Revised edition 2008
- 2. Mohan, Krishna and N.P. Singh. Speaking English Effectively. Delhi: Macmillan, 1995.

#### Reference Books:

- SasiKumar. V and P.V. Dharmija. 1993. Spoken English: A Self-Learning Guide Conversation Practice. 34threprint.
   Tata McGraw Hill. New Delhi.
- Swets, Paul. W. 1983. The Art of Talking So That People Will Listen: Getting Through to Family, Friends and Business Associates. Prentice Hall Press. New York.

## Online Resources/E-Learning Resources

- 1.https://learnenglish.britishcouncil.org/skills/speaking
- 2.https://learnenglish.britishcouncil.org/business-english



Name of the Program:	BSc. CP		Seme	ester : 2	Level: UG			
Course Name		he Concept, and Current	123300000000000000000000000000000000000	rse Code/ rse Type	ACIKS101, IKS			
Course Pattern	2024		Vers	ion	1.1			
Teaching Scheme					Assessment S	cheme		
Theory Practical	Tutorial	Total Credits	Ho urs	CIA (Continuous Internal Assessment)	ESA (End Semester Assessment)	Practical/Oral		
1 -	-	-	15	50	/	_		
Pre-Requisite:				\ \				
Course Learning Out	comes (CLo	O):	3. 3. 4. 5. Stude 1. 2. 3. 4.	To know to Indian familian Familiarize in India, families, and their charact. Explore the religion, traindian familian familian Know effect education, a family system. Identify the in the modern would be all Understand the values.  Examine the stand celebration Evaluate the rewithin different Critically assessituting trends in Evaluate the familiarity in Indian Familia in Evaluate the familiarity in Indian Familiar	y system. diverse family including joint d extended family reristics, advanta impact of cult ditions, rituals, y system. ets of urbaniza and economic s m. challenges face en era. ble to: e Indian family dignificance of fan as in Indian cultur oles and respons t family structure ess contemporar mpacting Indian fa	structures prevalent to families, nuclear lies, while exploring ages, and challenges. ural factors such as and customs on the ation, globalization, shifts on the Indian and by Indian families system and its core mily rituals, traditions, reliabilities of individuals is. In a ping social cohesion in the structure of the structur		

# Course Contents/Syllabus:

(All the units carry equal weightage in Summative Assessment and equal engagement)



Descriptors/Topics	CLO	Hours
UNIT I		
Introduction to the Indian Family System	CLO 1	3
Understanding the importance of the family system.		
FamilyStructure,Functions,andRelationships		
Core values and principles		
Types of Families in India		
UNIT II		
Practices within the Indian Family System	CLO 2	3
Family Development		
Role of family members: parents, children, grandparents, and other relatives.	A.	
Marriage and its significance in Indian families: Arranged marriages vs. love		
marriages.		
Gender roles and expectations within the family.		
Rituals, traditions, and ceremonies that reinforce family bonds.		
Inheritance patterns and property distribution.		
minimizer putterns und property distribution.	100	
UNIT III		
In-depth exploration of the joint family system: its origin, structure, and functioning.	CLO3	3
Generational Shifts and Evolving Roles- Focusing on changing roles,		
responsibilities, and expectations of family members.		
Interpersonal Relationships and Communication: The intricacies of	100	
	17	
communication patterns within the Indian joint family, including conflict	I .	
resolution, decision-making processes, and the impact of effective		
communication on maintaining family cohesion.		
Gender Dynamics and Women's Empowerment: The role of gender within		
the Indian joint family system, discussing shifts in women's empowerment,		
changing perceptions of gender roles, and the challenges and opportunities for		
women in such families.		
UNIT IV	GI O1	
Changing Family Patterns in Contemporary India	CLO4	3
The emergence of nuclear families: reasons and implications.		
Dual-career families and the evolving role of women.		
The concept of individualism and its effect on family dynamics.		
Technological advancements and their impact on family communication and		
interactions.		
Challenges faced by modern Indian families: mental health, work-life balance,		
generational gaps.		
UNIT V		
Current Relevance and Future Prospects	CLO5	3
Analyzing the relevance of the Indian family system in the context of societal changes.	CLOS	3
에게 보고 보고 보고 있는데 그렇게 하는데 그렇게 하는데 되었다. 그렇게 하는데		
Comparing the Indian family system with family systems in other cultures.  The rale of education, media, and popular culture in shaping percentions of family.		
The role of education, media, and popular culture in shaping perceptions of family.		
Strategies for maintaining strong family bonds in the face of evolving societal norms.		



	family system  Total Hours	30
Assessn	nent 1	
Case St	tudy: (15 Marks Each)	
1.	Develop role-play scenarios depicting typical family interactions in Indian	
	households. Address issues like parent-child relationships, generational	
	conflicts, or sibling dynamics.	
2.	Investigate how modernization and globalization are impacting traditional	
	Indian family systems. Discuss evolving roles of women, changing views on	
	marriage, and intergenerational shifts.	
	Assessment 2	
	Ouiz (20 Marks)	

# **Text Reading:**

- Patel, Tulsi. (Ed). (2005). The Family in India: Structure and Practice. New Delhi: Sage Publications.
- Uberoi, Patricia. (Ed). (1993). Family, Kinship and Marriage in India. Delhi: OUP.
- Kolenda, Pauline. (2011). Caste, Marriage and Inequality. New Delhi: Rawat Publications.

#### References:

• Goode, W.J. (1984). The Family. New Delhi: Prentice Hal

## Online Resources/E-Learning Resources

https://cdn.visionias.in/value added material/9bac5-changing-dynamics-of-family-structure-in-india.pdf (2024)



Name of the		BSc. Nutrition &		Semeste	er :II	Level: UG	
Program:		Dietetics					
Course Name		Human Nu	trition	Carles and an analysis of	Code/ Course	USCNUT10	1/Minor
				Type			
Course P	ourse Pattern 2024 Version			<b>L</b>	1.0		
Teaching	Scheme			37.	A	ssessment Sch	eme
Theory	Practical	Tutorial	Total	Hours	CIA	ESA	Practical/Oral
			Credits		(Continuous Internal Assessment)	(End Semester Assessment)	
2	-	A -	2	2	20	30	7
Pre-Requ	uisite:	Nil				ļ	
Course O	bjectives (CC	0):		The obj	ectives of Huma	n Nutrition:	
Course L	earning Outc	omes (CLO)		met ener bod 3. To inte dise 4. To nutr carb min 5. To mac nutr	demonstrate abolism, including from food a y weight and condesign and critical from the condition of the con	ding how the and how energy imposition. Trique evidence evention and continuous the human of the common fats, with common fats, and incronutrients the conformation of different and the common fats.	based nutrition based nutrition on trol of chronic body, including vitamins, and food sources of s, as well as the
Course L	carming Oute	omes (CLO)	•	1. Sum both fur 2. Able maintain 3. Idem principl 4. Gair and their 5. Devi	marize and crit ndamental and a to explain fun ning health tifying nutrient es from the vari	specific force ous factors of fac	e and apply the boods.  ifferent nutrients the community



(All the units carry equal weightage in Summative Assessment and equal engagement)

Topic	CLO	Hours
UNIT I		
Introduction to nutrition - Food as source of nutrients, functions of food, definition of nutrition, nutrients & energy, adequate, optimum & good nutrition, malnutrition. RDA- Definition, factors affecting RDA and methods used for deriving RDA. Water - as a nutrient, function, sources, requirement, water balance & effect of deficiency.	CLO1	6
UNIT II		
Energy- Definition, units of measurement, direct and indirect calorimetry; Determination of energy value of food, Total Energy requirement, Factors affecting physical activity, Factors affecting Basal Metabolic Rate, factors affecting Thermic effect of food.  Nutrition - Fitness, Athletics & Sports. 3. Food guide - Basic five food groups How to use food guide (according to R.D.A.) 9. Proteins - composition, sources, essential & non-essential amino acids, functions, Protein deficiency.  UNIT III	CLO2	6
4. Interrelationship between nutrition & health: - Visible symptoms of goods health 5. Use of food in body - Digestion, Absorption, transport & utilization.	CLO3	06
UNIT IV		
6. Role of fibres in human nutrition. 7. Carbohydrates: Functions, classification, food sources, storage in body. 8. Fats & oils: composition, saturated and unsaturated fatty acids, classification, food sources, function of fats. 9. Proteins - composition, sources, essential & non-essential amino acids, functions, Protein deficiency	CLO4	06
UNIT V		
Minerals - macro & micronutrients functions, sources. Bioavailability and deficiency of Calcium, Iron, Iodine, Sodium & Potassium (in very brief) 12. Vitamins (water & fat soluble) - definition, classification & functions. 13. Effect of cooking & heat processing on the nutritive value of foods.	CLO5	06
Total Total		30

# Learning Resource

#### Text Reading:

- 1. Sumathi R. Mudambi, Rajagopal, M.V., Fundametals of Foods and Nutrition, New Age International (P) Ltd, Publishers, Third edition, 1997.
- 2. Srilakshmi B., Nutrition Science, New Age International (P) Ltd, Publishers, Fifth ,multi colour edition, 2016.
- 3. Sue Rodwell Williams, Nutrition and Diet Therapy, C.V. Melskey Co., 6th edition, 2000. 5. Mahtab. S.Bamji, Kamala Krishnaswamy and G.N.V Brahmam, Text Book of Human Nutrition, Oxford and IBH Publishing Company, Third Edition. 2009.

#### References:

- 1. Mangala Kango, Normal Nutrition, Curing diseases through diet, CBS Publications, First edition, 2005.
- 2. Insel, P, et al. Discovering Nutrition: Jones & Bartlett Learning. 4th, 5th, or 6th editions are acceptable

### Online resource/ E-learning resource

- 1. https://www.igmpi.ac.in/post-graduate-diploma-in-nutrition-and-dietetics
- 2. <a href="html:html?gad\_source=1&gclid=CjwKCAjww\_iwBhApEiwAuG6ccOYdAruxzBzdvHs1kPURsErZ6\_xaeJ1L6M">html:html?gad\_source=1&gclid=CjwKCAjww\_iwBhApEiwAuG6ccOYdAruxzBzdvHs1kPURsErZ6\_xaeJ1L6M</a> Ra7YEgc5uLcA4xZ46ihoCRzMQAvD BwE



Name of the Program: Course Name		B.Sc Clinical Psychology  Entrepreneurship- New Venture Management		Semester: II  Course Code/ Course Type		Level: UG  USMEI101/MINOR	
Teaching	Scheme		-		Assessment Scl	heme	
Theory	Practical	Tutorial	Total Credits	Hours	CIA (Continuous Internal Assessment)	ESA (End Semester Assessment)	Practical/ Oral
2	-	-	2	2	20	30	-
Pre-Requ	nisite: None						
				2. 3. 4. 5. 5.	To recognize mexplore opportunity of apply success one's self enterprite of analyze new complexity of new To evaluate one	& failure stories o	f ventures to in terms of th & write a
Course L	earning Outco	omes (CLO):		1. To and of er 2. To 6 feasi 3. App entre busin 4. Anal and busin 5. To	principles, includent trepreneurs explain the production of the production of the production of the production of the preneurship that	s of an existing bus support organization y relevant success	ifferent types nities and do espectives of le value for iness venture ns and small



(All the units carry equal weightage in Summative Assessment and equal engagement)

Descriptors/Topics	CLO	Hours
UNIT I		
Entrepreneurship Defined: Concept and Definitions, Entrepreneurial	CLO 1	6
Competencies, Factor Affecting Entrepreneurial Growth, Traits/Qualities		
of an Entrepreneurs, Steps of entrepreneurial process		
UNIT II		
Products & Opportunities: Opportunity / Identification and Product	CLO 2	6
Selection, Product Selection, Conducting Feasibility Studies, Entry	0.00	, a
strategies, Intellectual Property		
UNIT III		
Small Enterprises and Enterprise Launching Formalities: Definition	CLO 3	6
of Small Scale; Rationale; Objective; Scope; Role of SME in Economic		7
Development of India; SME; Registration; NOC from Pollution Board;		
Machinery and Equipment Selection; Project Report Preparation:		4
Specimen of Project Report; Project Planning and Scheduling using Networking Techniques of PERT / CPM; Methods of Project Appraisal -		
economic viability and market feasibility, requirements of financial		
institutions, projected financial statement preparation.		7
UNIT IV		
Role of Support Institutions and management of Small Business:	CLO 4	6
Director of Industries; DIC; SIDO; SIDBI; Small Industries Development		
Corporation (SIDC);SISI; NSIC; NISBUED; State Financial Corporation		/
SFC; Information: assistance from different organizations in setting up a		
new venture, technology parks, industrial corporations, directorate of		
industries / cottage and small scale industries, SISI, Khadi & Village		
Industries Corporation / Board; DGS & DNSIC, export & import, how to		
apply for assistance - procedure, forms, procedures for obtaining contract		
from Railways, Defence, P & T etc., SIDBI; Laws: Liabilities under the		
Factories Act, Shops & Establishment Act, Industrial Employment		
(Standing Orders) Act, Environment Protection Act, Sale of Goods Act,		
maintenance & submission of statutory records & returns, understanding		
labour - management relationship		
UNIT V		
Case Studies: Diagnostic case studies of successful / unsuccessful	CLO 5	6
entrepreneurs, key variables explaining success / failures, industrial		
sickness, industrial reconstruction, technology obsolescence, technology,		
transfer		5 gangari
Total Hours		30



#### Textbooks:

- 1. Holt H. David (2005), Entrepreneurship New Venture Creation, Prentice-Hall
- 2. Histrich D. Robert and Peters P. Michal Shepherd A Dean (2007), Entrepreneurship, McGraw Hill
- Suhail Abidi and Manoj Joshi, The VUCA Company, 2016, Jaico Publishing India, ISBN 978-81-8495-662-7

#### Reference Books:

- Sharma, Apoorv and Shukla, Balvinder and Joshi, Manoj, Can Business
   Incubators Impact the Start-Up Success? India Perspective! (October 20, 2014). Available at SSRN: https://ssrn.com/abstract=2511944 or http://dx.doi.org/10.2139/ssrn.2511944
- Sharma, Apoorv and Joshi, Manoj and Shukla, Balvinder, Is Accelerator an Option? Impact of Accelerator in Start-up Eco-System! (May 19, 2014). Available at SSRN: https://ssrn.com/abstract=2438846 or https://dx.doi.org/10.2139/ssrn.2438846
- Joshi, Manoj and Srivastava, Apoorva and Shukla, Balvinder, International Lessons on Innovation for Socio Economic Development in India (October 13, 2014). Available at SSRN: https://ssrn.com/abstract=2509060 or http://dx.doi.org/10.2139/ssrn.2509060

#### Online Resources/E-Learning Resources:

- 1. Entrepreneurship Essentials, HBS, https://online.hbs.edu/courses/entrepreneurship-essentials/
- 2. New Venture Finance: Startup Funding for Entrepreneurs, <a href="https://www.coursera.org/learn/startup-funding?specialization=business-entrepreneurship">https://www.coursera.org/learn/startup-funding?specialization=business-entrepreneurship</a>
- 3. Developing New Business Ventures (Online): From Ideation to Successful Launch, https://execed.business.columbia.edu/programs/developing-new-business-ventures-online